This has been another successful year in terms of increased funds as well as widening the profile of the charity. £81,500 was raised through a combination of the child sponsorship programme, fundraising events and schools work. The previous year £71,854 was raised. The increase this year has subsequently had a direct impact upon the wellbeing of the poorest children from Kibera slum and the street children in Malawi in terms of their nutrition and educationally.

- 450 Orphaned and vulnerable children fed daily in Kibera slum.
- 110 Street children in Malawi fed every Sunday.
- 60 under 6 year olds educated in Kibera Kindergarten.
- 44 vulnerable teenage girls and boys rescued and educated in safe boarding schools.

The increase in donations made is attributed to the following factors.

- Consolidated support from 36 schools (22 committed schools and 14 new supporting schools.) Over 7,000 UK children have been educated about the issues of poverty for a child in Kibera slum and given the personal opportunity to respond.
- Over 65 assemblies and presentations given by school ambassadors
• Creative new IGA’S including a Mardi Gras in the Park in New Malden raising £3150, New Orleans Garden Party in Wimbledon raising £7250 and a Mother and Daughter evening hosted in Dorset raising £136.

• The third Lunchbowl Network London 10K- 29 runners raising £5000

• Our first exhibiting at a Christian New Wine Conference which saw 116 new school contacts and over 100 runners signed up to run the London 10K 2014 and 5 potential school ambassadors.

THE LUNCHBOWL NETWORK PARTNERSHIP WITH RIZIKI NAIROBI KENYA

The Dinner Programme: 450 Orphaned and Vulnerable Children fed daily

The nutritional provision for the 450 children in the dinner programme continues to be a lifeline of support to some of the most vulnerable children in Kibera slum. Without this provision their health would be severely compromised and some would die prematurely. The children are selected for the dinner programme according to the particular circumstance of each child and the high level of need of each individual. Each month monitoring reports are sent to the UK detailing attendance and wellbeing of the children, food prepared and purchased, carers involved and specific needs. The normal Saturday food menu consists of chapatti, rice, beans, cabbage, banana or mango, milk and sometimes a little meat. Each child has one carton of milk each week.

The lunch programme on Saturdays continues to be a nutritional and social highlight for the children who attend. Our partners Riziki use this time to check on the well being of the children, they are given informal counsel, encouraged and are given hope filled talks.

The orphans are looked after by eight care groups based in the Kibera community. In each care group there are 15 to 30 members who are the daily caregivers. Each care group collectively looks after between 30 to 70 orphans. The care groups are empowered to take responsibility for the care of the orphans and are guided in this by our partners Riziki. During the week days all the children receive ‘hot lunches’ in schools consisting of basic beans and rice.
Dinner programme Malawi- 110 Street Children fed on Sundays

Each Sunday 100 to 115 street children, mostly boys aged between 2 and 22 years, attend a dinner programme funded by Lunchbowl and facilitated by Metro Church in Blantyre Malawi.

The provision of food once a week is a practical expression of love and care that these children who are in desperately need. Sadly they are neglected for a variety of reasons; often their parents or guardians were using drugs and alcohol or have mental health issues. For some children their guardians or relatives spend their days begging for money and the children have been forced to help and can be harshly reprimanded if they do not do their part so their only way to escape is for them to live alone on the streets.

This puts them at extreme risk of physical and sexual abuse, hunger and disease. There are predators on the streets at night and these children have no way to defend themselves. They sleep together in market shacks and under cars for protection, using cardboard to keep warm.

Launch of Kindergarten in the Kibera – 60 under 6 year olds provided with education.

Renovations for the kindergarten were funded by donations from the 2012 London 10K. The Kindergarten is based in the same church and school compound that is used on Saturdays for the dinner programme. The Kindergarten was ready to open in May 2013, this was delayed because of the renovations and the volatile state of Kibera leading up to the General Election in March.

A Lunchbowl team in January 2013 transported educational equipment, school shoes and uniforms. The equipment was generously supplied by local schools and nurseries in Wimbledon; Sacred Heart Primary School, Pelham Primary School, The Garden Room, The Castle Kindergarten and Oak Tree Nursery.

BRITISH AIRWAYS gave unlimited baggage to The Lunchbowl Network which meant we could transport school shoes, Kindergarten resources to Kenya and soapstone hearts to London.
There are 60 children attending the kindergarten. The criteria for attendance are extreme vulnerability and poverty. The Kindergarten consists of two classes; a nursery class and a pre unit class. Each class has a teacher qualified to teach young children and their salaries have been funded through the profit from The New Orleans Garden party £7250. All the children arrive at 8 a.m. They have a mid morning break to eat porridge and a lunch break during which they are given food similar to the food served on a Saturday. In the afternoon the nursery children sleep at their tables and the school day finishes at 3p.m. The children received purple uniforms and schools shoes which created a sense of unity and dignity, these were provided by The Lunchbowl Network.

Rescue Programme for 44 Teenage Girls- 9 more girls rescued

Young girls who were at risk of teenage pregnancy, HIV, domestic and sexual abuse are now safely boarding at schools away from the Kibera in the countryside provinces. They have been given hope and the potential to fulfil their dreams in a safe environment. They now have an opportunity to be educated and cared for both physically and emotionally, each girl is now treated as an individual and they are encouraged to become significant young women who will be able to change their own future and the future of their families and community..

Rescue Programme: £19280

Between September 2012 and August 2013 there were 9 more girls sponsored by 6 new sponsors. The total number of children sponsored being 44. The total amount received over this period was £19280 for child sponsorship. The average amount paid by each sponsor for the year was £536

Food sponsorship

Food sponsorship: £3468

The charity has 20 sponsors giving every month a total of £289 ( £3468 per annum) the payments range from £2.50 to £50 a month. Total annual sponsorship donations £22,748
**Essential Medical Assistance for the children**

When required and identified all orphans receive medical intervention for the treatment of worms. This treatment is occasionally extended to other children not in the lunch programme but who attend the same schools in order to curb the cycle of infection.

**Valuing the carers**

The orphans are incorporated into extended family units. These family units are organised into eight care groups based in the Kibera community. In each care group there are 15 to 30 members who are the daily caregivers. These caregivers will communicate any concerns to our partners Riziki, they will ensure the children attend school whenever possible. Each week every carer is given a food pack of beans and maize funded by Lunchbowl to provide some basic nutrition for their households including the orphans for whom they care. Each care group collectively looks after between 30 to 70 orphans. The care groups are encouraged to take responsibility for the care of the orphans and are guided in this by our partners Riziki. At Christmas and during a visit from the trustees the carers receive a gift; a practical essential for example a bucket, a mattress, mugs, a towel, salt.

**Lunchbowl Designs**

Handmade necklaces and bracelets made by a small team of carers are purchased by Lunchbowl and sold in two retail outlets in South London Tariro’s [www.tarirocoffee.com](http://www.tarirocoffee.com) and My Favourite Things [www.my-favourite-things.co.uk](http://www.my-favourite-things.co.uk) All the profits from the jewellery and hearts fund hot dinners.
Trustees visit January 2013

Educational equipment to set up a basic Kindergarten, ‘Kindergarten in a bag’, was transported to Nairobi courtesy of a baggage waiver given by British Airways. The air tickets were personally funded by the visiting team. The visit was prior to the Kenyan’s General Election on March 4th 2013. The tension was already significant within Kibera. The team visited the carers in Kibera during the week to encourage them. Sadly we experienced physical threats to the safety of the team which curtailed any further visits to the Saturday Dinner Programme. The visiting team also spent time encouraging Riziki team in their work.

THE LUNCHBOWL NETWORK UK

Expansion of the schools work

The number of schools that have supported the work of The Lunchbowl Network has increased by 69% from 25 schools supporting Sept 2011 – July 2012 to 36 schools supporting Sept 2012 to July 2013.

This development has been due to personal recommendations from parents and teachers to new schools and the commitment of the School Ambassadors.

School Fundraiser Initiatives the following key school fundraisers have become very popular.

Have a Heart for Kibera has now also become an annual event in many schools. School children and teaching staff now collect a different colour each year, this year being turquoise blue. BRITISH AIRWAYS continues to provide a baggage waiver which enables the transportation of the hearts from Nairobi and this is greatly appreciated.
Anti Bullying Week in the Autumn term whereby school children buy a friendship bracelet which helps to fund hot dinners for the children in Kibera.

Remember Kibera particularly encourages young children to remember the children in Kibera by buying a beaded elephant key-ring made in Nairobi. The profit from the sale of each elephant funds three hot dinners.

New school geographical areas this year have included Surrey, West London and Australia! The personalised approach of the charity which is facilitated by 7 volunteer School Ambassadors continues to be a unique and notable reason for many schools continuing to engage and support. These schools express their appreciation of the regular updates, creative assemblies, handprint thank you pictures and memorable fundraising activities.

The supporting school’s increased this year to include 14 new schools and 22 existing schools. The breakdown was as follows;

- 23 Primary schools
- 4 Preschools
- 6 Private schools
- 2 Secondary Schools
- 1 Special School

**36 schools in total**

Handprints ready for the thank you posters
We would like to express our gratitude to the generous support of our existing and new schools and particularly to the head teachers who have championed the cause in their schools, thank you for remembering the children in Kibera.

Supporting Schools 2012-2013

A BIG THANK YOU FROM THE ORPHANED AND VULNERABLE CHILDREN

<table>
<thead>
<tr>
<th>Merton</th>
<th>Hammersmith and Fulham</th>
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<tbody>
<tr>
<td>Aragon Primary</td>
<td>St Peter’s C of E</td>
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<tr>
<td>Beecholme Primary</td>
<td>Godolphin and Latymer</td>
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<tr>
<td>Cliveden Kindergarten</td>
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<tr>
<td>Cranmer Primary</td>
<td>Kingston upon Thames</td>
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<tr>
<td>Cricket Green Special School</td>
<td>Rokeby</td>
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<td>Dundonald Primary</td>
<td>Coombe Girls</td>
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<td>Hatfeild Primary</td>
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<td>Hillcross Primary</td>
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<td>Hollymount Primary</td>
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<td>Joseph Hood Primary</td>
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<td>Merton Abbey Primary</td>
<td>Barn Nursery</td>
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<td>Oak Tree Nursery</td>
<td>Merley First School</td>
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<td>Pelham Primary</td>
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<tr>
<td>Poplar Primary</td>
<td>East Sussex</td>
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<tr>
<td>Sacred Heart RC Primary</td>
<td>Grovelands Community Primary</td>
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<tr>
<td>Sherwood Primary</td>
<td></td>
</tr>
<tr>
<td>St Mark’s C of E Primary</td>
<td>Surrey</td>
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<tr>
<td>St Mark’s Montessori</td>
<td>Kingswood First and Middle</td>
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<tr>
<td>St Matthew’s C of E Primary</td>
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<tr>
<td>The Priory C of E Primary</td>
<td>West London</td>
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<tr>
<td>Ursuline High</td>
<td>Queens College Prep</td>
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<tr>
<td>Ursuline Prep</td>
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<tr>
<td>Wimbledon Chase Primary</td>
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The total amount raised in schools this year was £18531. School donations ranged from £20 to £1471 with each school giving on average £514 over the year. Ten of the schools this year gave two or more donations over the course of the academic year.

The generosity of the School Ambassadors in terms of their time and commitment to help the children in Kibera is highly appreciated, without them little would be accomplished.
Growth of School Ambassadors and the Volunteer Network—We need you!

A very special thank you must be given to all the School Ambassadors who do not waiver in their enthusiasm, dedication and creativity to bring the message of Lunchbowl to school children in their geographical area. Helen Masters, Wendy Clow, Denise Bodle, Margaret Leslie, Carolyn Green, Katrin Sterland, Fran Turko and Gerry Howitt have all given of their time and energy to be a voice for the voiceless children of Kibera.

We also continue to be extremely thankful to Louisa Reed, Jenny Stuart, Heike Paulson, Alice Hutton, Camilla Wright, Christa Terweide and Heidi Gomes for giving so generously of their time and resources for the benefit of those in need.

A very big thank you to each of the team from all of the orphaned and vulnerable children you help, you are transforming their lives.

School Ambassador Boxes

School Ambassador Kit boxes have been produced to aid new school ambassadors. The boxes consist of teacher packs, frames, assembly ideas and materials and administration equipment.

Sixth Form Expo: The experience to change a lifetime

A Sixth Form Expo pack has been produced for students to gain a ‘first hand’ understanding of the challenges facing some of the world’s poorest and most vulnerable in Nairobi and the approaches to a Christian Social and Community transformation. This is now available on request.
Air Freight of hearts and elephants

10,000 purple and red hearts (to raise £9000) and 5,000 beaded elephants key rings (to raise £2500) were air freighted to meet the growing demand for Have a Heart for Kibera and Remember Kibera in schools.

**Income Generating Activities**

**The Lunchbowl Network Sponsored Run Programme**

![Image of Team Lunchbowl running](image)

**The British London 10K**

29 runners joined together to become Team Lunchbowl and ran the London 10K in scorching heat. In total £5000 was raised through the Third Lunchbowl 10K.

Thank you to Heike Paulson for graciously and calmly organising Team Lunchbowl and for the hospitality team in Trafalgar Square.

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**Events**

**October 2012**

**Campfires Burning: £980** Thank you to Christchurch New Malden for offering their premise to host the camp fire sing-a-long.

**December 2012**

**Various Christmas celebrations** including a tree festival, carols and driveway stall raising £1497.59 with match funding from Barclays.
March 2013

Mother and Daughter Evening in Dorset: £136

Pyjama party New Malden: £1230 Thank you to Heidi Gomes and her team of willing pampering mums.

April 2013

Dorset Easter Cake sale: £89

Wild Woods Wimbledon Common: £2043 An excellent community event in the wilds of Wimbledon Common with plenty of hotdogs, mud and knot tying! Thank you to Chris Couling and his team of ever ready and prepared New Malden dads.

May 2013

Travelling Trends Fashion Show Dorset

90 ladies attended an evening of retail therapy raising £1222.53 in the process.

Mardi Gras in the Park: £3150

New Orleans Garden Party: £7250

Thank you to our German band Louisiana Funky Butts for a fantastic evening of jazz New Orleans style and to Chris and Carolyn Green for hosting the garden party. A very special thank you to Nikki and Greg Brown for their extreme generosity and culinary skills in providing a first class three course dinner.
**June 2013**

The last ever ....Rock for Kibera “Dogs without collars”

A local rock band based in Dorset consisting of clergymen provided a fun night raising **£1075.** A very big thank you to the C of E ‘band of vicars’ for supporting the work of Lunchbowl.

**July 2013**

New Malden 2013 Fun Day: **£6560**

Another amazingly creative event by Alan and Heidi Gomes and their highly supportive New Malden community. Their tireless dedication to help the children in Kibera deserves special heartfelt thanks.

**Tara Hair Event Dorset: **£794.91**

A huge thank you to Laurie and Wendy Clow and Helen Masters along with the community of Stapehill and Hampreston C of E Church for their dedicated support and commitment to children in Kibera.

**July 2013**

New Wine Conference

This year The Lunchbowl Network exhibited for the first time at New Wine Conferences in Shepton Mallet. The goal was to extend the scope of Lunchbowl to new geographical areas and meet potential School Ambassadors. The stand was a great success and very popular with children and adults alike. The response from those attending the conference was extremely encouraging with many teachers and parents being keen to take Lunchbowl into their local schools and areas. In total 116 school contacts were made and 100 people signed up to run the London 10K.
**Current Schedule of events for 2013 / 2014:**

Wild Woods May 2014

Gala Ball Dorset May 2014

London 10k July 2014

Fun Day New Malden July 2014

Pyjama Party October 2014

Boot Camp October 2014

Celebrity Quiz New Malden Dec 2014

**Goals for the years ahead to increase funding for the poorest children in Kibera**

**Schools work**

- To exhibit at Christian Conferences: Spring Harvest 2014 / HTB Focus; with a view to expanding connections with teachers and parents in new schools and geographical areas. To connect and engage with potential new School Ambassadors.

- To expand and consolidate the Lunchbowl team in terms of the number of School Ambassadors following on from connections at New Wine, Spring Harvest and other Christian Conferences. To increase from 7 school ambassadors to 20 in the next 5 years.

- To expand the scope of Lunchbowl into new supporting schools following on from Christian Conferences. To increase the number of supporting schools from 36 to 100 in the next 5 years. Key areas highlighted; Somerset and Gloucestershire, Southampton, Surrey, Bournemouth and West London.

- To develop bi annual Geographical Lunchbowl Team Support meetings in order to develop and consolidate the School Ambassador and volunteer Network.

- To create new online school resources and school packs for Foundation Stage, KS1, KS2, KS3,4 and 5.
• To produce a concise A5 teachers pack containing a dvd of all resources available also online to give to teachers and head teachers. Each pack also to contain specific school fundraisers with an outline of the Citizenship / PSHE resources available.

• To create new assembly power points presentations to further express clearly the impact and vision of The Lunchbowl Network.

**Corporate Partnerships**

• To explore Business connections with a view to 5 to 10 Corporate Sponsorships in the next 5 years. In particular to develop a dinner funding strategy with restaurants and Business canteens eg Lunchbowl Fridays once a month or a voluntary £1 being added to a food bill.

• To develop links with new American contacts and promotion of The Lunchbowl Network within the United States.

**Social Media**

• Social Media communication strategy developed to include; Twitter and Facebook

**Lunchbowl Run Programme**

• To increase the number of runners for subsequent 10K London runs from 29 to 50 each year. To develop a strategy for funding dinners whereby runners run FOR ONE. Each runner will be given the opportunity to run with the photo of a child for whom they will raise ‘dinner money’. The aim being to raise £10,000 each run “10K FOR 10K”

• To create a Lunchbowl Half Marathon Team of 10 runners for The London Parks Run.
**Lunchbowl Financial Management**

There are simple and appropriate financial systems in place for the size of the charity. There is a segregation of responsibility such that all monies collected are either counted by the school office, donor or by two trusted individuals from the Lunchbowl team, Alice Hutton and Louisa Reed. All donations are deposited in the bank by named regional charity representatives. All receipts, bank statements and gift aid forms are given to the charity’s volunteer financial accountant, Christa Terweide.

**Present and future use of resource and team.**

The Lunchbowl Network operates completely on a voluntary basis and consequently 92p of every £1.00 raised reaches and impacts the orphaned and vulnerable children. 7p has been used to raise the next £1 and 1p is spent on governance and banking costs. No trustee or volunteer receives any financial remuneration or benefit from the charity.

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**The Lunchbowl Team 2012 - 2013**

Denise Bodle, Carolyn Green, Heidi Gomes, Louisa Reed, Heike Paulson, Helen Masters, Katrin Sterland, Margaret Leslie, Alice Hutton, Jenny Stuart, Christa Terweide, Camilla Wright, Fran Turko

Trustees 2012-2013: Sally McGreevy, Gerry Howitt, Wendy Clow, Stuart McGreevy
If you would like to donate Paypal and Give.net are available on the website www.luncbowl.org

Alternatively Bank details are as follows:

The Lunchbowl Network Ltd
20-96-89
60577421

Thank you!

Signed................................................................................date....................................................

Sally McGreevy
Director, Trustee and Secretary

Signed................................................................................date....................................................

Stuart McGreevy
Trustee

Registered Charity: 1114981

Company Registration: 5708351