



The Lunchbowl Network

Dinner money for orphans: ending hunger

THE LUNCHBOWL NETWORK LTD

1114981

TRUSTEES REPORT

SEPTEMBER 2011 – August 2012

This year has seen an increase in our giving and therefore feeding and care for the orphans and vulnerable children. The Lunchbowl Network was able to raise £71,854 for the benefit of the young and most in need in the Kibera Slum Nairobi. This financial increase is attributed to a number of factors:

- **The development of a sponsored run programme including the London 10K which raised £8500**
- **Increased popularity and demand for the 'Have a Heart for Kibera' campaign in existing and new schools which raised £5930**
- **School engagement with 7 new schools, 5 of which were private.**
- **Recruitment of new school ambassadors to consolidate 25 existing and new school relationships.**
- **Creative Income Generating Events in new geographical areas and the development of existing annual events which included New Malden Fun Day, Rock for Kibera 'Dogs without collars' Gig in Dorset and 'Flippin Pancakes' fundraiser.**
- **Match funding by Barclays Bank of New Malden**
- **Development of lunchbowl designs which provides a market for the sale of beadwork made by the carers in Kibera**



Through our relationships we have begun support into Malawi...a new development this year. This is funding a Sunday dinner programme for street children in Blantyre, Malawi. This new programme supports a church based outreach which provides food for up to 70 extremely poor children, many of whom are orphaned or abused and have to scavenge on the streets of the city. These children have no means of meeting their nutritional needs other than through the donation from The Lunchbowl Network.

The Lunchbowl Network continues to work with 'Riziki Kenya' our partners in Nairobi who are working in the Kibera slum. The Saturday Dinner remains a social and nutritional highlight of the programme for these children, they receive a well cooked meal of vegetables, good quality cereal, fruit and milk for every child. In addition we provide take away food packs for carers and their extended households and fund 'hot lunches' in schools on a daily basis.



We have increased our child rescue programme, 20 more children have been fully sponsored through The Lunchbowl Network, in total 39 children. These children live in a protective school environment away from the slum. This has allowed for young girls and 3 boys who are considered highly vulnerable to be rescued from the horrors of the Kibera environment. The children board in a number of safe boarding schools in Nairobi and beyond. In these establishments they are given the opportunity to flourish emotionally, physically, academically and spiritually.

THE LUNCHBOWL NETWORK UK

The goodwill and favour that The Lunchbowl Network experiences when visiting schools remains very high. In total, the school ambassadors gave 48 assemblies in this time period. These are always welcomed and received with much positive affirmation by the schools.



Presentations were given in 25 schools about the work of the Lunchbowl, to update the children and teaching staff and to personally thank the school for their involvement and support. Lunchbowl now has 18 schools that support the work of the charity on an ongoing annual basis and consider The Lunchbowl Network to be one of their annual school charities. There were 7 new schools that joined The

Lunchbowl Network and 5 of these were private.

The supporting school population this year including new and existing schools consists of:

14 Primary schools

2 Preschools

6 Private schools

3 Secondary Schools

25 Active Supporting Schools this year.

The total amount raised in schools this year was £19033, each school giving on average £793. The 5 new private schools provided over £9254 of income.

The school resources and partnership is in direct alignment with the OFSTED recommendation to evidence that pupils understand their role and responsibility in the global community and to link with a school overseas . A new DVD video / presentation was produced for all schools following the January 2012 visit to Kibera. This has further developed the relational strength between the schools and The Lunchbowl Network and therefore the orphans and vulnerable children. A DVD was also made to inform private sponsors regarding the effect of their monthly donations on the lives of the rescued teenage children.

A very big thank you to all of the Lunchbowl schools for their commitment and the endorsement of the headteachers.

Income Generating Activities

Have a Heart for Kibera February 2012



In schools £5930 was raised directly from the sale of the small red soapstone hearts. The change in colour to a pink heart option proved popular. Feedback indicates that a new colour every year would be well received by schools in order for children to collect a range of colours. A very big thank you to British Airways for transporting the hearts by giving a generous baggage allowance for the transportation of 8000 hearts from Nairobi to London.

The Lunchbowl Network Sponsored Run Programme



The British London 10K

52 runners joined together to become Team Lunchbowl and ran the London 10K this year raising £8500. This will now become an annual Lunchbowl event where we will aim to raise £10,000. **10K FOR 10K.**

Peru Jungle Run – Well done and many thanks to Kevin Horlock for raising £2618

Sydney Half Marathon – Huge thank you to Mandy Cormack for raising £960

Iron Lady Triathlon – Well done and many thanks to Sam Buchanan for donating £400

October 2011

Pyjama Party New Malden

A recipe for success, hot chocolate, nail vanish, make up, curls and chick flick raising £1710



Travelling Trends Fashion Show Dorset

A creative evening hosted by All Saints Stapehill and Hampreston Church of England Dorset which raised £1380



Rock for Kibera “Dogs without collars”

A local rock band in Dorset consisting of clergymen, a fun night raising £800. A very big thank you to the C of E ‘band of vicars’ for supporting the work of Lunchbowl.



December 2011

Various Christmas Church and Carol singing collections which took in New Malden and churches in Dorset in particular St Marys C of E Ferndown and All Saints Hampreston and Stapehill C of E totalling £4000

February 2012

Flippin Pancakes!

A new innovation for the New Malden school community raising £186

March 2012

Christchurch Church of England Community Choir New Malden raised £310

April 2012

Dorset Cake Bake raised over £600



July 2012

New Malden 2012 Fun Day

A very popular annual event in the New Malden community raising £3868. Thank you to Barclays Bank for match funding this event.

New Malden Scouts Cream Tea raised £300

A very special thank you to Alan and Heidi Gomes and their New Malden team for their dedication and commitment to the work of Lunchbowl and hosting innovative community events.

A Heartfelt thank you also given to Wendy and Laurie Clow and their generous congregation, All Saints Stapehill and Hampreston C of E for their wholehearted support in everyway.

SPONSORSHIP

Child sponsorship

In total the charity now has 27 child dinner sponsors providing a total of £1390 a month (£16680 per annum) through direct debits. The payments range from £10 to £320 a month.

Food Sponsorship

The charity has 16 sponsors giving every month a total of £254 (£3048 per annum) the payments range from £2.50 to £50 a month.

Growth of School Ambassadors and the volunteer network



Currently the charity has 7 School Ambassadors working in the London Borough of Merton and Kingston, Dorset and East Sussex. These School Ambassadors promote the needs of the orphans and educate UK school children about life in the Kibera and offer a way for children to make an informed response to the needs of the orphans. Thank you to all the school ambassadors, Helen Masters, Denise Bodle, Margaret Leslie, Carolyn

Green, Katrin Sterland and Gerry Howitt for being a voice for the voiceless children of Kibera.

There are four Regional Coordinators also in Merton; Carolyn Green and Katrin Sterland, Kingston; Heidi Gomes, and Dorset; Helen Masters, and in addition, currently a core network of 9 volunteers. Without the dedication of this volunteer workforce and the way that they give freely of their time, resource and energy the scope of The Lunchbowl Network would be reduced significantly. We continue to be extremely thankful to Louisa Reed, Jenny Stuart, Denise Bodle, Heike Paulson, Alice Hutton, Camilla Wright, Nikki Brown, Christa Terweide and Gerry Howitt for their commitment and support.

A very big thank you to each of the team from all of the orphaned and vulnerable children you help, you are transforming their lives.



THE LUNCHBOWL NETWORK PARTNERSHIP WITH RIZIKI NAIROBI KENYA

Each month monitoring reports are sent to the UK detailing attendance and wellbeing of the orphans, food prepared and purchased, carers involved and specific needs.

The lunch programme on Saturdays continues to be a focus of provision for the orphans. On this day the orphans and vulnerable children are cooked and served a hot dinner, play games and participate in drama and dance in a church compound. The children are given encouraging and hope filled talks and are counselled informally.

The orphans are looked after by eight caregroups based in the Kibera community. In each caregroup there are 15 to 30 members who are the daily caregivers. Each caregroup collectively looks after between 30 to 70 orphans. The caregroups are empowered to take responsibility for the care of the orphans and are guided in this by our partners Riziki.

During the week days the children receive 'hot lunches' in schools which is funded by The Lunchbowl Network. These dinners consist of a basic meal of beans and rice, these are cooked on the site of the informal and formal schools within Kibera.

Essential Medical Assistance for the children

When necessary all orphans receive medical intervention for the treatment of worms. This treatment is occasionally extended to other children not in the lunch programme but who attend the same schools in order to curb the cycle of infection.

Trustees and team visit to the Kibera January 2011

Courtesy of the complimentary flights given by British Airways The Director of The Lunchbowl Network, a Trustee and Regional Coordinator of the charity visited the Kibera.

Impact of the visit:

The Kibera team and UK team were significantly envisioned by the visit. This first hand experience has enabled the UK team to communicate fully and effectively to UK school children and others about the issues facing the orphans in the Kibera. This has had a direct impact upon the effectiveness of the partnership with the schools and the building of new school partnerships and maintaining those already established. Feedback from the schools has consistently highlighted that this personalised approach between school and Lunchbowl is unique, valued and contributes to involvement and ongoing commitment from the schools.

Valuing the Carers



The purpose of the visit was essentially to encourage and support the 70 carers who provide the daily care of 450 orphans and vulnerable children. Following consultation with our team in Nairobi each carer received a water storage tank. All of the carers were shown how to purify the water using chlorine tablets. The health advantages of accessing clean water will effect the health of the vulnerable children for whom they care as well as their extended households.

In July 2012, a subsequent visit was made by the Director and daughter of the Lunchbowl, which was self funded and not a charity cost. During the visit every carer received a soft mattress. This basic commodity was viewed as luxury by those that received the gift.

Without the ongoing goodwill of the carers at the grassroots level the welfare of the orphans would be severely compromised. The carers were presented with these gifts of gratitude by the UK team which added to their self worth and therefore their ongoing commitment to care for the orphans

Goals for the year ahead

- To double the number of school ambassadors to 14.
This will enable the scope of The Lunchbowl Network to extend to Boroughs outside of Merton. This will be achieved to a great extent by promoting the work of the charity through the Summer Conference New Wine 2013 in Somerset. It is anticipated that this will initiate contacts for new schools and for new school ambassadors in new areas. The Have a Heart for Kibera schools campaign will be used to promote the work of Lunchbowl at the conference.
- To develop a School Ambassador Assembly and Resource Box. This will be a toolkit for new school ambassadors giving them ready resources and ideas for engaging with schools in their community.
- To expand the scope of Lunchbowl into 5 new Nurseries and Kindergartens in the London Borough of Merton using the Little Lunchbowl Resource pack. To recruit a specific Little Lunchbowl Nursery Ambassador.
- To engage 5 preschools specifically to raise funds for Kibera Kindergarten equipment and Kindergarten t shirts. To develop professional relationships with 3 Nursery managers with the goal of engaging them in Early Years teacher training in Nairobi.
- To transport equipment for the first Lunchbowl Kindergarten in Jan 2013
- To develop a school pack for Geography Departments in Secondary schools for GCSE students studying Geography. The Geography syllabus incorporates learning about the Kibera. To develop a Sixth Form Expo to Nairobi for students to gain a 'first hand' understanding of the challenges facing some of the world's poorest and most vulnerable and the approaches to a Christian Social and Community transformation.
- To find two more marketing outlets for Lunchbowl design jewellery, currently two retailers sell the jewellery and hearts very successfully and request more stock. Over the next



year these relationships need to be maintained and new connections developed.

- To find alternative cheap transportation of 8000 soapstone hearts from Nairobi to London annually.

2012 Events planned:

October 2012 Campfires Burning New Malden

December 2012 Christmas Pyjama Party New Malden

March 2013 Mother and Daughter Celebration Night Dorset

April 2013 Wild Woods Wimbledon Common

May 2013 Travelling Trends Fashion Evening Dorset

May 2013 New Orleans Marquee Jazz Night Merton Park

May 2013 New Orleans Party in the Park New Malden

July 2013 New Malden Funday New Malden

July 2013 London 10K

Lunchbowl Financial Management

There are simple and appropriate financial systems in place for the size of the charity. There is a segregation of responsibility such that all monies collected are either counted by the school office, donor or by two trusted individuals from the Lunchbowl team Alice Hutton and Louisa Reed. All donations are deposited in the bank by named regional charity representatives. All receipts, bank statements and gift aid forms are given to the charity's volunteer financial accountant, Christa Terweide.

Present and future use of resource and team.

93.38% of every £1.00 raised reaches and impacts the orphaned and vulnerable children.

0.7% has been used in printing and publicity. £2500 in British 10K Race fees. £100 has been the Barclays cost of transferring funds. No trustee or volunteer receives any financial remuneration or benefit from the charity.

The Lunchbowl Team

Alice Hutton

Camilla Wright

Carolyn Green

Denise Bodle

Fran Turko

Heidi Gomes

Heike Paulson

Helen Masters

Jenny Stuart

Katrin Sterland

Louisa Reed

Nikki Brown

The Lunchbowl Trustees:

Sally McGreevy

Stuart McGreevy

Wendy Clow

Gerry Howitt

Accountant:

Christa Terweide

Signed.....date.....

Director, Trustee and Secretary

Signed.....date.....

Trustee