



**The Lunchbowl Network**

Dinner money for orphans: ending hunger

---

## **THE LUNCHBOWL NETWORK LTD**

**1114981**

### **TRUSTEES REPORT**

#### **SEPTEMBER 2010 – August 2011**

The Lunchbowl Network has continued to grow in this last year in terms of funds raised and with an increase in the support base of the charity in the UK.

This increase has been due to

- The 'Have a Heart for Kibera' campaign launched in February 2011
- The development of a sponsorship scheme for abused teenage girls
- New Income Generating Activities for example a Community Fun Day, Got Talent Evening, Church Christmas Services
- Increasing and broadening the network of supporting schools.

The Lunchbowl Network continues to work with 'Riziki Kenya' our partners who are working in the Kibera slum, Nairobi.

This financial year The Lunchbowl Network provided £23,900 for the direct benefit of the orphaned and vulnerable children in the Kibera.

The food crisis in Kenya over the last year has directly effected the most poor and vulnerable with the price of basic foodstuffs becoming prohibitive for many. This clearly impacted the cost of providing for the dinner programme however due to increased funds raised through The Lunchbowl Network all the 450 children continued to be fed on a daily basis via hot lunches, food packs and the Saturday Dinner. In addition through the food packs and hot lunches The Lunchbowl Network is now estimated to be reaching to feed 3,500 children within the Kibera.

The Saturday Dinner remains a social and nutritional highlight of the programme for these children, they receive a well cooked meal of vegetables, good quality cereal, fruit and milk for every child.

The Lunchbowl Network has also launched a Rescue Programme in the Kibera for adolescent girls who are being sexually abused on a persistent basis. To date 19 of these girls are being sponsored by individual donors and are given the opportunity to go to a safe Boarding School in Embu, three hours drive from the Kibera. Here they receive a schooling and are counselled through the trauma of their early life in the slum.

British Airways generous baggage allowance facilitated hand delivery of Christmas Shoebox filled with gifts for each of these girls donated by their sponsors. The girls were all delighted, many of them had never previously received a present wrapped especially for them.

The Sponsorship Programme funds the school fees, uniform, food and transport of the 19 'at risk' teenage girls. The Lunchbowl Network currently funds boarding school fees for 3 particularly vulnerable teenage boys.

### **THE LUNCHBOWL NETWORK UK**

Over this year The Lunchbowl Network has continued and created partnerships with 25 UK educational establishments: 3 nurseries, 21 primary schools and 1 secondary school.

The 3 supporting nurseries this year were all new to the charity and 7 of the schools were new. At least 40 assemblies were taken over this financial year. Ongoing support from 15 of the educational establishments has been consolidated and relationships have been strengthened. Four of the schools that supported 'Have a Heart for Kibera' also additionally fundraised in the rest of the year. There were four schools that supported the charity this year but were not involved in the launch of the 'Have a Heart for Kibera' campaign.

The school involvement has been in accord with the OFSTED recommendation to evidence that pupils understand their role and responsibility in the global community and to link with a school overseas. Personalised DVD messages were produced in schools that had supported the charity for the first time and all new schools received a personal message from the team and children in the Kibera. This strengthens and personalises the connection between the schools and the orphans.

### **Income Generating Activities**

#### **Have a Heart for Kibera**

In 2011 this campaign was very successfully launched in 19 Primary Schools. The demand for the hearts was high and 6,000 red soapstone love hearts were sold out within days. Each heart was sold for £1 and so 18,000 hot dinners were funded as a direct result of this campaign.

## **Got Talent! 2011**

This successful community event in New Malden raised awareness and funds of £1,700.45

## **New Malden 2011 Fun Day**

Another very popular event in the New Malden community raising £2,753.80. Barclays Bank matched funded both the Fun Day and the Got Talent events.

## **SPONSORSHIP**

### **Individual support**

In total the charity now has 33 individual sponsors providing a total of £830 a month through direct debits. The payments range from £2.50 to £50 a month.

The Sponsorship is divided between funding for the teenage girls and for the dinner programme in the Kibera as follows:

Teenage girl sponsorship £650 per month: 21 sponsors

Food sponsorship £180 per month: 12 sponsors

### **Donors**

During the year there have been 5 new individual or community donations ranging from £20 to £5000.

The ongoing extremely generous support of All Saints Hampreston and Stapehill in Dorset has been of particular note and is gratefully received.

### **British Airways Sponsorship**

British Airways has continued to incorporate The Lunchbowl Network within their Conservation and Community Relations Programme. The airline has given the charity 3 complimentary flights return to Nairobi per annum to develop the work of the charity and to allow the trustees to fulfil their responsibility in monitoring and supporting the work of our partners in Nairobi. The charity has been represented at the Annual Open Day in December.

### **The Lunchbowl Network Website**

The website has proved a valuable resource to schools and has helped to promote the vision of the charity, present teaching resources and to inform of forthcoming events.

### **Growth of School Ambassadors and the volunteer network**

Currently the charity has 8 School Ambassadors working in the London Borough of Merton and Kingston, Dorset and East Sussex. These School Ambassadors promote the needs of the

orphans and educate UK school children about life in the Kibera and offer a way for children to make an informed response to the needs of the orphans.

There are four Regional Coordinators also in Merton, Kingston and Dorset and currently a core network of 18 volunteers. Without the dedication of this volunteer workforce and the way that they give freely of their time, resource and energy the scope of The Lunchbowl Network would be reduced significantly. We are extremely thankful for their commitment and support.

### **THE LUNCHBOWL NETWORK PARTNERSHIP WITH RIZIKI NAIROBI KENYA**

Each month monitoring forms are sent to the UK detailing attendance and wellbeing of the orphans, food prepared and purchased, carers involved and specific needs.

The lunch programme on Saturdays continues to be the focus of provision for the orphans. On this day the orphans and vulnerable children are cooked and served a hot dinner, play games and participate in drama and dance. The children are given motivational talks and are counselled informally.

The orphans are looked after by eight caregroups based in the Kibera community. In each caregroup there are 15 to 30 members who are the daily caregivers. Each caregroup collectively looks after between 30 to 70 orphans. The caregroups are empowered to take responsibility for the care of the orphans and are guided in this by our partners Riziki.

#### **Medical Assistance**

When necessary all orphans receive medical intervention for the treatment of worms. This treatment is extended to other children not in the lunch programme but who attend the same schools in order to curb the cycle of infection. There have also been two operations and one medical emergency paid by Lunchbowl.

#### **Trustees visit to the Kibera January 2011**

Courtesy of the complimentary flights given by British Airways The Director of The Lunchbowl Network with two School Ambassadors visited the Kibera.

#### **Impact of the visit:**

The two School Ambassadors were significantly envisioned by the visit and this first hand experience has enabled them to communicate fully and effectively to UK school children about the issues facing the orphans in the Kibera. This has had a direct effect upon the effectiveness and potency of the partnership with the schools with the charity, the building of new school partnerships and maintaining those already established. Feedback from the schools has consistently highlighted that this personalised communication between school and the charity is unique, valued and contributes to involvement and commitment from the schools.

With the baggage allowance from BA the charity was able to carry over 200 good quality school shoes donated by school children, hand knitted cardigans and 450 toothbrushes and toothpaste for each child. These were all personally given to each child by the school ambassadors.

The new campaign launched in the Borough of Merton and Kingston for Valentine's Day entitled 'Have a heart for Kibera' was facilitated by the generous baggage allowance from British Airways allowing the transport of 6000 red soapstone hearts.

#### New DVD resource

The visit also provided opportunity for the School Ambassadors to make personalised DVD messages for new schools that have engaged since the last visit to the Kibera. The DVD messages provide an essential and unique link to the UK supporters. Personalised foot paintings were also made by some of the youngest orphans. These foot paintings will be incorporated into Thank-you posters for our supporters and donors. Personalised posters have been an effective way to encourage consistent involvement.

#### Valuing the carers

The purpose of the visit was essentially to encourage and support the 70 carers who provide the daily care of 450 orphans and vulnerable children. Following consultation with our team in Nairobi each carer received a thank you gift of six mugs, a basic commodity to us but a luxury for them.

Without the ongoing goodwill of the carers at the grassroot level the welfare of the orphans would be severely compromised. The carers were presented with these gifts of gratitude by the UK team which added to their self worth and therefore their ongoing commitment to care for the orphans.

## Goals for the year ahead

- To target and develop the support base of **Independent schools** particularly in the London area and to develop relationship with new State schools, totalling 35 new and existing schools supporting in the next year .
- To establish **Business Partnerships** by extending 'Have a Heart for Kibera' in businesses; cafes and gift shops. To encourage sponsorship of one child per business. To extend sponsorship into the Nationwide business community of Forever Living Products UK Ltd.
- To launch "**lunchbowl.designs**" linking the UK market with products made by the carers in the Kibera. The products will include handmade jewellery made from recycled materials, beaded animal keyrings, soapstone heart keyrings and engraved red hearts. These products to be sold through gift shops and the Lunchbowl network of supporters.
- '**Have a heart for the Kibera**' campaign

Valentine's Day -To increase into 10 new schools whereby children and adults can buy a small red soapstone love heart for a £1.

Mother's Day -To develop 'Have a Heart for Kibera' for Mother's Day selling pink soapstone hearts in schools and gift shops as an alternative to Valentines Day.

Weddings -To develop links with UK wedding planners to supply red or pink hearts for wedding 'favours'.

- To develop a gift scheme '**Wellies for Christmas**' whereby people buy an alternative gift for friends of family.
- To launch our first **Lunchbowl Network Run Programme**. To achieve 70 plus runners in July 2012 for the London 10K and a team of 5 plus to run a half marathon for Lunchbowl.
- To create an **Information pack for sponsoring 'at risk' teenage girls**. To develop links between sponsors and each teenage girl; annual reports, Christmas gift boxes, annual letters and drawings and / or dvd recordings.

### **New Events planned:**

#### **July 2012 London 10K**

70 plus runners will join Team Lunchbowl for this Pre Olympic London ASICS 10K run

Each runner has pledged to raise £250 for Lunchbowl.

#### **Autumn 2012**

Fashion Show- hosted by All Saints Hampreston and Stapehill.

Rock for Kibera- a gig supported by churches in Wimborne Dorset to raise funds and awareness.

### **Develop individual support base**

In the next year the aim is to double full sponsorship for the most vulnerable teenagers in the Kibera from 19 to 40 plus.

To gain 10 plus more standing orders for the dinner programme to provide consistent giving throughout the year.

### **Lunchbowl Financial Management**

There are simple and appropriate financial systems in place for the size of the charity. There is a segregation of responsibility such that all monies collected are either counted by the school office, donor or by two trusted individuals from the Lunchbowl team. All donations are deposited in the bank by named regional charity representatives. All receipts, bank statements and gift aid forms are given to the charity's volunteer financial accountant.

### **Present and future use of resource and team.**

96.6% of all monies raised was sent directly to support the lunch programme for the orphans. 2.6% has been used in printing and publicity. 0.5% has been the Barclays cost of transferring funds. No trustee or volunteer receives any financial remuneration from the charity.

All activities of the charity have been performed by volunteers and we are very grateful for their ongoing commitment to the work of The Lunchbowl Network.

The Lunchbowl Team:

Sally McGreevy

Stuart McGreevy

Heidi Gomes

Frances Turko

Accountant:

Christa Terweide

Signed.....date.....

Director, Trustee and Secretary

Signed.....date.....

Trustee

