

TRUSTEES REPORT

SEPTEMBER 2017 - AUGUST 2018

The charity has had a good fundraising year. The funds raised have a direct impact on the lives of the most vulnerable, particularly the very young and the extreme poor; those surviving on one meal or less a day and living within Kibera. The most imperative needs being their physical wellbeing in terms of their essential nutrition, emotional, social, spiritual and academic development.

This year £186523 has been raised, last year £149,158 was raised therefore an increase of £37365. We are very thankful for all funds raised.

Our support base is school communities, church groups, grants, volunteer activities, private donations including sponsorship of our youngest children in the International Angel Kindergarten. This year the charity has been able to achieve the following:

- 350 Orphaned and Vulnerable Children are fed every Saturday through the Kibera Dinner Programme.
- 350 five to nineteen-year-old children are transported from Kibera every Sunday to an international school playing field to learn rugby skills and discipline, receive spiritual input and are given a healthy lunch.
- Early years provision at the International Angel Kindergarten providing a daily sanctuary, education and food for 185 of the most vulnerable children from Kibera.
- 25 staff members are employed, 22 of whom are from the local Kibera community including teachers, learning support assistants, general maintenance and community workers.
- A rescue / safe flat to accommodate and care for quadruplet babies and provide a safe haven for an abused staff member and emergency accommodation for desperate, emergency cases including child rape.
- An Extreme Need Fund has allowed for nourishing food packs to be given to 33 key families known to be experiencing a very high level of need. These food packs include maize flour, rice, vegetables, milk, lentils, porridge, oil, charcoal and soap. The families benefiting from the food packs are all connected to Angel Kindergarten. These food packs impact positively the nutrition of approximately 90 vulnerable or orphaned children who would otherwise be severely malnourished. This fund has also allowed for short term emergency rent payment for 13 families facing eviction and basic household equipment.
- Medical help has been given to over 7 cases connected to the kindergarten or the rugby programme including malaria, severe burns, muscular medicine, ring worm and severe skin complaints.
- 13 vulnerable young girls rescued and placed in boarding school provision.
- 5 school girls who were previously sponsored by the charity and have finished their education are now employed and trained by the charity as Learning Support Assistants.

- 79 kindergarten children are funded by UK sponsors.
- A group of 8 mothers from Kibera have benefitted from making angel key rings that are then sold in the UK to raise funds for Lunchbowl.
- Connection to the local British military community has facilitated excellent physiotherapy treatments to be made available to all children with severe mobility issues.
- Child protection and Safeguarding training for all Lunchbowl Kenya staff, counselling for all children at the kindergarten and their parents.

The financial donations have been achieved from the following:

- A dedicated volunteer team in the UK of 22 who generously give their time and energy to raise the profile and funds for The Lunchbowl Network.
- 35 supporting schools / educational institutions raising £15,729. Last year £19,965 was raised by 48 schools.
- Church donations from St Leonard's Church Amersham, All Saints Hampreston, All Saints Tooting, Emmanuel Church, Raynes Park Community Church, Pointe Church East Sussex, South West London Vineyard and Christchurch New Malden together totaling £7,793
- The sale of soapstone hearts, small plates, angel, giraffe and elephant key rings totaling £7,160
- Monthly giving and sponsorship totaling over £48,000 last year this has decreased from £54,000 last year.
- Donations from The Brothers Trust for £ 6,150
- London 10 K event raising over £5,000
- Royal Parks Foundation Half Marathon raising over £5,500
- New Malden team events including Charity Walk for Peace, Murder Mystery party, Pyjama party and carols totaling £ 7,000
- A donation from Allan & Nesta Ferguson Charitable Trust £10,000
- A donation from Sir Derek Greenaway £100
- A donation from Herrod Foundation for £9,000
- A donation from SMB Trust for £1,500
- A donation from Sterry Family Foundation for £2000
- A donation from Hugh Symons Trust £2,500
- A donation from Trinity College Cambridge Sub Saharan Fund for £3,000

- A donation from Eleanor Rathbone Trust for £1,000
- A donation from Old Emmanuel RFC for £200
- Business donations ranging from £350 to £5,000 from Dyetech Ltd, Suttles Stationary, Woofs-a-Daisy, Jones Laing LaSalle Ltd, Monks Yard, Pulse Management and My Favourite Things.

The Lunchbowl Network and The Lunchbowl Network Ltd

The Lunchbowl Network UK partners with The Lunchbowl Network Ltd. This is a Kenyan registered charitable company with experienced local Kenyan Trustees including two trustees from The Lunchbowl Network, UK. This provides transparent accounting and governance. The Lunchbowl Network Kenya is incorporated.

The Kibera Dinner Programme: 350 orphaned and vulnerable children fed every Saturday.

The Saturday Kibera Dinner Programme continues to provide essential nutrition for children whose carers struggle to give them adequate food during the week. The weekly provision is for under ten-year old's and is administered every Saturday by The Lunchbowl Network Kenya. A committed team of individuals living within Kibera organize the buying, preparation, cooking and serving of the food. Key members of the team are respected and selected by the community. A team of volunteer teenagers also assist with the Saturday preparation of food, serving and cleaning of the facility.

On average, 350 children come each Saturday. Many children attend each week and are identified by wearing their purple Lunchbowl T-shirts. This number includes 100 children on average from The Angel kindergarten. The children attending have benefitted from an occasional 'pop up' clothing market where they get to choose an item of clothing to take home. Donated gifts are given to selected mothers according to the severity of need. FYI Sally

At Christmas the Saturday Dinner programme children celebrated in the kindergarten hall with a special party including the story of the nativity, a special lunch of meat pilau, chapati and a soda. All the children enjoyed the entertainment from an acrobatic group. Every child received a small Christmas gift.

Artists for Africa presented a ballet performance in costume for the children at the Saturday Feeding Programme within Kibera.

The children arrive by 9.30am and enjoy Bible lessons and singing presented by Teacher Faith who also works at the Angel Kindergarten. The Bible stories are followed by a nutritious meal of rice, chapati, greens or cabbage, beans or lentils, banana and a carton of milk. The Saturday Kibera Dinner Programme is located in Lindi village in a rented church facility and compound. All the children walk to and from the facility unaccompanied or arrive with an older sibling. South West Vineyard paid for the installation of two large stoves at the dinner programme compound with ventilation pipes. A team from South West London Vineyard visited the programme of The Lunchbowl Network.

Kibera Dinner Programme and Food Pack Sponsors

We would like to thank our sponsors who donate specifically to the Kibera Dinner Programme. These donations total £ 3,510 this last year.

Extreme Need Fund

Families in crisis situations who are connected to the kindergarten or rugby programme have their needs discussed and evaluated by the community team and the charity directors. Provision is made when appropriate and necessary.

Medical

This year, 7 cases needing urgent medical treatment from a medical facility were funded by the charity. All the cases were connected to the kindergarten, rugby or sponsored girls. This included treatment for malaria, an ulcerated leg, severe skin conditions, stitches and muscle medication for a severely disabled boy. All the children attending the Kibera Dinner Programme and kindergarten are given a worming treatment every three months.

Food packs

The provision of food packs is constantly reviewed and evaluated to ensure that the most needy families are helped. Each week, 33 families have received a food pack. These food packs include maize flour, rice, vegetables, milk, lentils, porridge, oil, charcoal and soap. Approximately 90 vulnerable or orphaned children who would otherwise be severely malnourished benefit from the communal food packs.

Rents

This Extreme Need Fund has also allowed for short term emergency rent payment for 13 families facing eviction and basic household equipment. This included emergency help to families displaced and left homeless after the bulldozing of their shacks due to building of a road through Kibera near to the kindergarten. The charity rehomed two single mothers and offered school places to the children.

Quadruplets

The quadruplet baby girls with their a mother continued to live in a rescue / safe flat near to Kibera and were later in the year relocated back into the Kibera community, all rents were funded by the charity. The little girls attended Stepping Stones Kindergarten for increased language stimulation throughout the year. One of the girls attended Heshima school for special needs children for 6 months in order to address her impaired mobility. The Lunchbowl Network funded her placement and transport.

We would like to thank our sponsors who donate specifically to the Extreme Need Fund. These donations total £1,415 this year.

International Angel Kindergarten : Educating and feeding 185 vulnerable children

The mission of the International Angel Kindergartens is to uplift young children out of hopeless poverty, to feed their bodies and minds of the youngest and most vulnerable children and to give them hope and a brighter future. This has included our first children with Special Educational Needs in particular those with mobility issues and undiagnosed learning conditions which have previously excluded children joining schools.

The children who attend are amongst some of the neediest in Kibera. Before a child is offered a place their level of need is verified by a small team of Lunchbowl teachers. Children are assessed according to their living conditions, the number of meals they receive at home and the incapacity of the parent to provide school fees. All of the children who attend are vulnerable, some acutely vulnerable and some of the children are total orphans living with grandparents or aunties. This has included the son of Teacher Syprose who died last year as well as a little boy whose father was shot dead near the kindergarten.

The children are given a full set of uniform at the start of the year. UK schools donate underwear, socks and tights which are given at the beginning of each term. School shoes are given to the most needy children. UK schools operated a school shoe appeal which has greatly helped provide adequate footwear.

The kindergarten has been extended and consists of 2 baby classes of 3-year old's totaling 70 children who are divided between the morning and afternoon, a nursery class of 4 year old's, a pre unit class of 5 year old's, class one of 6 year old's and class two of 7 year old's.

Some children are older than their year group due to prolonged school absence due to lack of school fees prior to being offered a place at the Angel kindergarten. For many of the children that attend the kindergarten the morning porridge, break time fruit and lunchtime meal they receive is their only sustenance. All children are routinely given medication for tapeworm every three months.

Due to the prevalence of sexual, physical and emotional abuse within Kibera, all Lunchbowl employees are given annual Child protection and Safeguarding training. All the children are given age appropriate counseling by a professional team twice a year and are taught how to keep safe and what is appropriate and inappropriate behaviour for themselves and for others. All parents were invited to attend a parent session run by the same counseling team to address the vulnerability of all the children. All teaching staff receive first aid training including CPR once a year given by AAR Kenya. Individual cases of verified rape and child abuse aged between 3 and 8 years are given private counseling funded by the charity.

The kindergarten employs 22 people, 19 of whom live in Kibera. This includes 5 qualified teachers.

A team of 4 self-funded teachers from Coombe Primary in LB of Kingston visited in July 2018. They provided excellent educational resources including a printer and laptops as well as training for school teachers in IT, PE, art, numeracy, literacy and shared reading. In addition, a British Early Years teacher Santosh Stride, provided teacher training on child protection and safeguarding, phonics, numeracy, language development through songs, conflict resolution and sensory play activities.

The Lunchbowl Network has funded end of term whole school trips to Mamba village including chicken and chips, a cinema trip to see "Fernando" with hot dogs, a swimming trip with meat pilau and ice cream to follow and a visiting drumming workshop. Some girls who had suffered from severe burns / rape also were invited to watch a ballet performance of Cinderella by Dance Centre Kenya at the National Theatre.

Artists for Africa have provided ballet classes on a weekly basis to the older children at the kindergarten.

The whole staff have benefitted from a Christmas celebration hosted at Stepping Stones

Kindergarten and a gift to each member of a bucket filled with a packet of flour, oil, tea, sugar, biscuits and salt. The whole staff have been developed by attending two retreats at Resurrection Gardens followed by lunch. These retreats are essential for the welfare of the Kenyan team and for team unification.

Support from International Schools in Nairobi:

The Banda School Nairobi has continued to develop their support and has transported the children to their school premises to enjoy sports, music and construction activities.

We are very thankful to our 62 sponsors who together sponsor 79 kindergarten children, providing an income for the kindergarten education of £ 23,385

Vulnerable Girls Rescue Programme **13 Girls sponsored**

The Lunchbowl Network funds a total of 13 girls. All of the girls are in boarding schools within Nairobi or further 'up country'. Some girls travel up to six hours to school. Monthly donors give on average £50 a month totaling £ 9,076 p a.

The Rescue Programme provides an escape from Kibera for vulnerable teenage girls and offers them hope to change their future by providing a better education at safe boarding schools. The process of school allocation is administered Nationally by the Department of Education according to the child's examination results after sitting the National exams every November. Students who do not score well are allocated local private schools chosen by The Lunchbowl Network Kenya.

All of the sponsored girls meet with the charity team three times a year when they return to Kibera during their holidays. Their wellbeing is monitored and school provisions assessed. At Christmas all of the girls received a gift funded by the sponsors who gave to a special Christmas fund totaling £165. Sanitary towels have been donated by South West London Vineyard. The school year ends in November and begins in January. 8 girls finished school in November 2017 and one girl dropped out of school.

Any concerns raised by the girls are given full attention and appropriate action is taken regarding their placement. During these holiday visits back into Kibera they all write cards and give written updates for their sponsors. Monthly monitoring of regular sponsorship donations is maintained by Sue Stears.

Kings Rugby Development Academy **350 children escape Kibera, learn rugby skills and are fed every Sunday**

The Lunchbowl Network has facilitated the transport for the children every Sunday from Kibera to Hillcrest International School playing fields and the provision of a hot dinner at the end of the training session. The charity funds three ladies from Kibera to wash all of the rugby kits every Monday. The children play in rugby kits donated by Old Ruts Rugby Club in Wimbledon and a Church of England Youth chaplain joins each of the training groups to give spiritual direction and nurturing to the children.

Small beadwork project

This has provided income for 8 mothers whose children attend the kindergarten. Between September and December, the women came daily to the kindergarten to make beaded angels which were sold in the UK to raise funds over the Christmas period.

Buy an Angel for the Angel Kindergarten

The profit from each key ring will buy breakfast, lunch and fruit for four children for one day at the Angel kindergarten.

Have a Heart for Kibera

This continues to be a very popular school fundraiser particularly near Valentine's Day. Each heart is sold for £1 which provides the funding for 3 hot dinners on a Saturday.

Remember Kibera

Every elephant sold also funds three hot dinners. This fundraiser has high appeal across the ages.

Combined sales of elephant and giraffe key ring, soapstone hearts and small plates totaled £ 7,160

Schools' Work UK

The majority of supporting schools sell all or a combination of merchandise throughout the year.

School Ambassadors

The School Ambassadors provide a unique school-charity relationship which is vital in sustaining support and engagement from schools. They have established long term partnerships with many schools. This communication link between the schools and the charity has been appreciated and welcomed by many schools who have supported the work for over 10 years. There has been a decrease in the number of supporting schools from 48 schools in the previous year to 35 schools this year.

Supporting the work of School Ambassadors in the UK

Information, stories and regular pictures and film clips via WhatsApp have been available to resource the Lunchbowl team and in particular School Ambassadors for assemblies.

Communication has strengthened between the UK Lunchbowl Team and The Lunchbowl Network Kenya Trust resulting in creating a greater awareness of the daily positive and negatives of the lives of the children in Kibera and the needs of the team and the children in our programme, this has created increased potential for schools and individuals to support our work.

Thank you to the following school communities and head teachers for the generous support given this year:

Merton

Cranmer

Hollymount

Poplar

Liberty

Merton Primary

St Mathews C of E

Ursuline Prep

Wimbledon Chase

2nd Wimbledon Guides

New Malden/ Kingston

Christchurch School
Corpus Christi RC
Fernhill
Holy Cross Secondary School
New Malden Brownies

Croydon

Trinity School, Whitgift Foundation

Greater London

Corpus Christi Primary
Moat School
Merlin School
Beatrix Potter
Tooting Primary
St Peters C of E
Lycee Charles De Gaulle

Essex

Story Book Day Nursery

Surrey

Luckley House School
Rosebery School
The Weald C of E School
Ranelagh Secondary

Sussex

Handcross School
Farlington School

Hove

St Christopher's School

Wales

St Brides Major School

Chesham

Marylands Pre school
Chesham Bois School

Somerset

Elmea Infants
Hanford

Dorset

Barn Nursery
Hanford School
All Saints Hampreston Playgroup

Oxford
Keeble College

Supporting Schools

Total raised from Schools: £15,729. Last year £19,965. Donations ranged from £82 to over £1,739

School Ambassadors and Volunteer Team meetings

Established to develop and consolidate the School Ambassador and Volunteer network. Carolyn Green has kindly offered to host Lunchbowl Team meetings. This has proved to be a great way to inspire and encourage one another as well as share ideas and information.

Special Thanks:

School Ambassador and Volunteer Network: The dedicated core of the Lunchbowl team consists of Alice Hutton, Anna Kate Fuller, Camilla Wright, Carolyn Green, Fran Turko, Heather Churchouse, Heidi Gomes, Heike Paulson, Helen Masters, Jean Shipton, Jenny Stuart, Liz Tozer, Mandy Cormack, Mandy Hasluck, Nicole Dyson, Selina Overy and Sue Stears.

Special thank you to Trustees Gerry Howitt and Wendy Clow.

The compassionate support and dedication of the whole Lunchbowl Team is highly valued. Each member has made a significant selfless impact in the fundraising potential of the charity. Their compassionate concern and weekly interest from the team via WhatsApp is a source of much encouragement and support to the trustees of The Lunchbowl Network Kenya. Together the team in Kenya and the UK are helping to bring hope and change to a desperate situation. The whole team is greatly appreciated.

Grants: A special thank you to Mandy Cormack for her time, tenacity and determination in making grant applications on behalf of the charity. In total £38,800 has been secured in funding from trusts, foundations and funds.

The Brothers Trust: Thank you for your support and for funding gymnastic equipment, medicines, a teacher salary, a cinema trip and essential repairs.

New Malden Team: The New Malden team is outstanding in their commitment and compassion and we are very grateful for all their time, energy and resources that they give to the charity with such wholeheartedness. A very special thank you to Alan and Heidi Gomes.

Social Media: Twitter and Facebook interest continues to grow steadily. Instagram has over 1,000 followers. Facebook has 774 followers. Twitter has 744 followers. We are extremely grateful to Liz Tozer for managing our social media and keeping everyone, everywhere frequently updated. We are very thankful as well to Gerry Howitt for maintaining the charity website and keeping the website relevant and updated.

The Big Yellow Storage Company: We are always very grateful to The Big Yellow Storage Company for making it possible to store much of our event equipment, thank you very much, your support makes a big difference.

British Airways: Thank you for their continued and frequent generous charity extra baggage

allowance

Goals for the Year ahead

- To expand educational provision to Grade 8, up to 14 years by establishing a Primary School.
- To establish a second International Angel Kindergarten
- To increase the number of supporting schools to 45 in the next year.

Lunchbowl Financial Management

There are effective and appropriate financial systems in place. There is a segregation of responsibility such that all monies collected are either counted by the school office, donor or two designated individuals from the Lunchbowl Team.

All donations are deposited into the bank by named regional team members. All receipts, bank statements and gift aid forms are maintained by Gerry Howitt, Trustee. All documentation is kept in compliance with data protection regulations. Monthly book keeping reconciliations of all monies debited and credit to the bank account are maintained on a monthly basis by Sue Stears. Monthly book keeping is also processed and checked by our accountants Acuity Professional.

To the team who give their service voluntarily we are very grateful.

- Alice Hutton
- Gerry Howitt
- Sue Stears

Present and future use of resource and team

The Lunchbowl Network UK operates completely on a voluntary basis and consequently 97.9 pence of every £1 raised reaches and impacts the orphaned and vulnerable children. 2.1 pence has been used to raise the next £1.

Reserves policy

We currently have a no reserves policy. We focus on deploying funds as received for the uplifting of the poorest children.

No trustee or volunteer receives any financial remuneration or benefit from the charity. All visitors to Lunchbowl Network Kenya are self-funded.

Signed..... Date.....
Stuart McGreevy: Chairman, Trustee

Signed..... Date.....
Sally McGreevy: Trustee