The Lunchbowl Network has steadily grown and extended its impact this year. This includes the funds raised and the growth of a strong support base. The core Lunchbowl Team and associated volunteers has increased in number and influence which has raised the giving potential of the charity. These developments have directly impacted the nutrition and education of the lives of the most vulnerable children living in Kibera.

- 450 - 500 Orphaned and Vulnerable Children fed daily in Kibera through the dinner programme and food packs.
- 110 street children in Malawi fed every Sunday.
- 60 children educated in Kibera kindergarten.
- 49 vulnerable young girls rescued from abusive contexts and educated in safe boarding schools.

This year The Lunchbowl Network raised £103,233.00 this has been achieved through:

- A dedicated voluntary Lunchbowl team who generously give their time and energy to raise the profile and giving capacity of The Lunchbowl Network
- A continued increase in the number of supporting schools. This year the School Network increased from 36 to 53 supporting schools and raised circa £25,000.
- An increase in the number of School Ambassadors from 7 to 12 representatives.
- An increase in funds raised from the London 10K from £8500 to over £14000.
Continued Match Funding from Barclays Bank circa £3750.

The development of a support network in the USA.

The first Gala Ball raising over £8000.

Exhibiting at Spring Harvest Conference which provided 96 new school contacts.

Grant from a Charitable Trust for £2,800

THE LUNCHBOWL NETWORK: DINNER PROGRAMME

450 / 500 orphaned and vulnerable children fed daily.

This continues to be essential nutrition for children who do not have this basic need met.

The dinner programme is administered every Saturday by a local committee of six persons who are trusted, respected by the community. The community committee consists of caregivers who look after multiple orphaned and vulnerable children as well as their own. This committee are the ‘eyes and ears’ of the community and they oversee which children attend the Saturday dinner programme. The children who are invited to come on Saturdays are known to be the most needy.

The committee meet every Friday morning to agree the Saturday menu and to discuss any concerns or issues that have arisen with the children that attend the programme.

On average 450 children come each Saturday although this number will fluctuate according to higher attendance during holiday periods when sometimes as many as 500 will come.

We receive a monthly report that records information regarding the Saturday dinner programme in terms of numbers attending, health issues needing attention and food provided.
Local suppliers deliver directly to the rented facility in Kibera, this venue doubles as the Lunchbowl Kindergarten on weekdays as well as the dinner programme on Saturdays. Fresh vegetables and fruit are purchased at market very early on Saturday mornings.

The six dedicated caregivers who make up the community committee are responsible for the weekly operation of the dinner programme. Collectively they ensure that the milk, firewood and water for cooking and washing up has been bought and brought to the compound.

The children are given beef once a month from a reliable hygienic butcher. Each week the menu consists of rice or chapatti, greens or cabbage, beans or lentils, banana and a carton of milk. At 9.00 am the children start to arrive for Bible lessons, singing and dancing. There are prayers and worship songs before the lunch is served at 1.00 pm. Just before 1.00 pm about 20 Muslim children arrive after their Madrasa classes and 25 of the older children also arrive after their Saturday tuition classes.

**Resourcing the carers - Food packs**
The daily care of the orphaned and vulnerable children that Lunchbowl supports is given by caregivers. These caregivers are responsible for the daily care of their own biological children as well as children of deceased relatives and friends.

In total there are 65 caregivers divided into three care / support groups, collectively they look after the 500 children.

In the afternoon, after the Saturday dinner programme, all of the caregivers come to receive the weekly food supply. They come with their own plastic bags and receive a measure of maize flour and a measure of beans to help supplement the weekly food for the children that Lunchbowl supports. An appreciation gift of a set of saucepans was given to each caregiver.

**Dinner programme Malawi**

**110 Street children fed on Sundays**

The Lunchbowl Network helps to support a Sunday dinner programme for 110 - 115 street children. The dinner programme is administered by Metro Church Blantyre Malawi and provides basic nutrition, love, care and spiritual support for children who live alone on the streets. They come from neglected home backgrounds characterised by drug and alcohol abuse. On the streets they are at extreme risk of sexual abuse, hunger and disease. This little girl is two and half and attends with her sister on Sundays.
In addition to funds raised through schools and events, the charity has 20 sponsors giving every month £354.55 to the dinner programme (£4254.60 pa) the payments range from £2.50 to £100 a month.

LUNCHBOWL KINDERGARTEN
Ilumina Academy

The kindergarten consists of two classes; nursery and pre unit. The criteria for the new intake of nursery was whether a carer could fund a school place and the number of meals a child received in a day. Information is gathered from community leaders and church leaders to ensure that the most needy children are offered a place.

For most of the children that attend the morning porridge and lunchtime meal they receive is their only sustenance in a day.

The Lunchbowl Network has employed two teachers who are qualified to teach in an Early Development Centre and facilitate learning according to the syllabus for Early Development.

The teachers have been given training in the use of educational equipment to encourage writing skills, numeracy and gross and fine motor control. Educational equipment including, chalk boards, white boards, pens, pencils and work books have been provided by donations from The Lunchbowl Network. The children are given new uniforms at the start of the academic year and school shoes donated by school children in the UK.

EDUCATION RESCUE PROGRAMME - 49 sponsored

The 49 young people in Kibera have been easy targets for sexual and domestic abuse. In addition peer pressure and youth gangs cause early sexual activity with an accompanying high risk of teenage pregnancy.

The Rescue Programme provides an escape for these vulnerable girls from the likely abuse within Kibera and essentially offers the hope to change their future by providing a better education at safe boarding schools.

This year 19 students attended Betty Academy, a Christian Private Primary school in Embu. All other students are of secondary age and had sat their KCPE exams when they were 14 years. Depending on their scores they were allocated Secondary School places at a variety of Secondary Schools.

Most Secondary students were allocated County Schools as they had scored average marks in the KCPE; two students were placed at National Schools as they had scored high
marks. The students who did not score so well in the KCPE exam were placed in private secondary schools.

We have currently 46 sponsors who fund a total of 49 students; these include 2 boys from very poor backgrounds. Monthly donors give on average £50 a month. The cost for 49 students totals £25,536 pa.

**Trustees visit February 2014**

A visit was made to Betty Academy where 19 girls receive sponsorship. The girls gave a singing and dance presentation and a tour around their dormitories. Gifts were given to all of the sponsored girls courtesy of Ely’s of Wimbledon.

During the trustee visit, the teachers from the Kindergarten based in Kibera, attended a training session on how to use educational equipment that had been donated. The training was well received and will help the teachers to implement more stimulating activities for the children.

**Online School Resources: EAT EXPLORE INSPIRE**

This year all the school resources for Foundation Stage, Key Stage 1, 2, 3, 4 and 5 have been updated to assist schools that aspire to become Rights Respecting Schools.

These resources provide teachers and School Ambassadors the means to present a meaningful knowledge of the Rights of the Child according to the United Nations Convention. Stimulating lesson plans, interactive PowerPoints presentations and printable resources present PSHE and Citizenship lessons in a highly relevant and impacting way which enables students to gain a fuller understanding of what it means to be a responsible global citizen.

These resources are all now available via our website online.

**School Packs**

The school packs have been produced in a concise A5 folder containing a dvd of all resources available online. Each pack now contains specific school fundraisers with an outline of the citizenship / PSHE resources available. These packs can be requested via the website or can be obtained from School Ambassadors.
**Have a Heart for Kibera**

10,000 hearts in assorted colours, purple, turquoise, yellow, red and cream, were airfreighted from Kenya. This continues to be a very popular school fundraiser particularly near Valentines Day. There have been several orders for hearts as wedding favours.

Each heart is sold for £1 which provides the funding for 3 hot dinners.

Thank you to Magic Doors for supporting the sale of hearts.

**Remember Kibera**

5,000 beaded elephant elephants were also air freighted to provide an alternative school fundraiser. Every elephant sold also funds three hot dinners. This fundraiser has high appeal across the ages.

**Anti Bullying Week**

During Anti bullying week in November a number of schools engaged in this fundraiser and bought plastic wristbands or leather beaded wristbands made in Kibera. This allowed for discussion about how to extend the hand of friendship to children in Kibera in a practical way.

**Expansion of Schools Network**

The number of schools supporting in this time period has increased from 36 schools to 53 schools. This increase has primarily been a result of connections made through New Wine conferences in July 2013.

New schools have been established in the following areas:
- Kent
- Somerset
- West London
- Wandsworth
- Southampton
- Northampton
- Worcestershire
- Oxford
- Glasgow
The breakdown of schools supporting was as follows:

39 Primary
6 Private
4 Secondary
4 Nurseries
The average amount raised each year was £500, the highest amount raised being £2417.

**Total raised from Schools: £24,849**

Thank you to the following schools, school communities and head teachers for your kind and generous support over this financial year.

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<td>Luckley House School</td>
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Expansion of the School Ambassador and Volunteer Network

**Geographical Team meetings**

These have been established this year to develop and consolidate the School Ambassador and Volunteer network. Carolyn Green, one of our highly valued school ambassadors, hosted two Lunchbowl Team meetings. These have been a great way to inspire and encourage one another as well as share ideas and information. These have been very well attended with team coming from the South Coast and Somerset.

New team members were welcomed, these included

- Mandy Cormack - Grant application and Corporate Sponsorship
- Nicole Dyson - School Ambassador
- Sarah Geake - School Ambassador
- Sarah Wood - Events
- Sue Stears – Rescue Programme sponsorship
- Selina Overy - School Ambassador
- Laura Skinner - Events
- Ali Allen - School Ambassador
- Anna Kate Fuller – School Ambassador

The dedication and commitment of the whole team to help those who are the most needy and vulnerable is highly valued and essential to the ongoing provision.

Photo: Wendy Clow School Ambassador, Dorset

**School Ambassadors**

The continued support from 23 existing schools has been achieved by the dedication and enthusiasm of the School Ambassadors who establish a relational bridge between the work of the charity and the school communities.

The team of School Ambassadors grew from 7 to 12.

New team members welcomed on board as School Ambassadors were;

Anna Kate, Selina Overy, Nicole Dyson, Ali Allen, Sarah Geake and Liz Tozer.
The School Ambassadors provide a vital link between the UK school and the work of the charity. This link is vital in support of the children from Kibera and to engage UK school children in a meaningful way.

Photo: St Mary’s C of E Godalming, Surrey

Communicating the Lunchbowl Story

Website: www.lunchbowl.org

The website is constantly updated to ensure that forthcoming events and supporting schools are highlighted and information and photos about the work in Nairobi is updated. A new Schools page now includes all of the school resources. PayPal is now available for online giving.

A very big thank you to Gerry Howitt and Jenny Stuart for keeping the website up to date, attractive and relevant.

Social Media

Over the course of the year Liz Tozer has developed a social media presence for The Lunchbowl Network on Facebook and Twitter. The momentum has gathered with regular postings of events and happenings in the UK and updates from Kenya.

Thank you Liz Tozer for all your hard work.

Leaflets

New leaflets to target specific audiences have been produced:

- Head teachers and teachers for specific use in schools. This leaflet offers a short introduction to the work of the charity in Nairobi and ways for school children in the UK to engage with an emphasis on the school resources available, School Ambassadors and popular school fundraisers.

- A leaflet for Corporate Fundraising and Support, introducing Lunchbowl as the Charity of the Year, Lunchbowl Fridays whereby employees can donate the price of a coffee or lunch, payroll giving and match funding.

- A generic information leaflets to highlight key aspects of the work of the charity in Nairobi and ways to help for use in churches and interested individuals.
Hope FM

Sally Mc Greevy, director of Lunchbowl was interviewed on Hope FM on two occasions to promote the work of The Lunchbowl Network and to express the vision and purpose of the charity.

Lunchbowl Designs
A number of local shops and church groups have sold jewellery made by some of our carers. These designs are unique and all profit is donated back to benefit the orphaned and vulnerable children in Kibera.

Thank you to supporting outlets: My Favourite Things (Raynes Park) and Tariros (Morden).

Over the course of the year connections in Florida have developed through Lunchbowl Team member Sue Stears.

Several talks for local people have been given including the Kuanis Club (charitable organisation) and four schools visited in the area.

The work of The Lunchbowl Network was featured in an article in local newspaper.

Thank you to Diane who owns the Avon Shop in Englewood, Florida. Diane supports the work by selling jewellery and elephant key rings.

Grants

Thank you to Mandy Cormack for the successful grant application to The Alan and Nesta Ferguson Charitable Trust for £2,800 to fund the education of 12 Lunchbowl Kindergarten children for a year.

Income Generating Activities

September 2013

Coffee and Cakes at Yetsford Farm Somerset
Friends of Liz Tozer were invited to a morning of homemade delights with a presentation about the work The Lunchbowl Network. £200 raised.
December 2013

Christmas events
The faithful New Malden team hosted a series of Christmas events including carol singing and Christmas barbecue. £530 raised.

Thank you to Heidi and Alan Gomes, Jenny Stuart and Mandy Cormack with the rest of the dedicated New Malden Team. £750 was given in match funding by Barclays.

All Saints Hampreston Dorset
Christmas and Harvest collections £790
Colehill Coffe mornings £415
Biscuit sales - £630
A very special thank you to Laurie and Wendy Clow and their congregation at All Saints, Hampreston, Dorset for their generosity, support and commitment over the year together as a church body and from individual church members.

April 2014

Spring Harvest
This year The Lunchbowl Network exhibited for three weeks at Spring Harvest Conference, Minehead. The purpose was to establish more connections with Primary and Secondary schools situated in new geographical areas. The Lunchbowl Network was interviewed live on Spring Harvest radio and subsequently was inundated with interested teachers and parents.

The response from teachers and parents was extremely positive and many were keen to take Lunchbowl school packs back to their home areas to encourage local school support. 92 school packs were given to teachers and parents and 12 potential school ambassadors were reached.

The charity was the given opportunity to present to the Spring Harvest early morning beach runners on a couple of occasions to highlight the London 10K and recruit runners, a number of runners joined the London 10K to run for The Lunchbowl Network.
The exhibition stand was managed by a team of Lunchbowl mums and daughters.

A very big thank you to Carolyn Green, Nicole Dyson, Heidi Gomes and Ali Allen and their willing and very helpful daughters for giving your time and energy to facilitate this event.

May 2014

Charity Gala Ball Dorset

This was a stunning event held at The Green House Hotel in Bournemouth. A dedicated team created a night to remember for 66 guests. Auction prizes included a Champagne Hot Air Balloon Flight, a tour of Bournemouth AFC, and a Porsche 911 for a weekend.

A huge thank you to Wendy Clow, Helen Masters and for hosting the event. £8052 was raised and this event was match funded by Barclays.

July 2014

New Malden Funday

This is now a much loved annual community event with many local sponsors and compered by Andy Ross a local business man. The highlight for many both young and older are the sports day races. The event was match funded by Barclays.

Many thanks to Heidi and Alan Gomes, Jenny Stuart, Mandy Cormack and the rest of the dedicated New Malden Team for this excellent event.
**London 10K**

40 people joined Team Lunchbowl in July 2014 to run 10K passed the iconic sights of London. Over £14,000 was raised with an additional £2700 gift aid.

A special thank you to Heike Paulson who coordinates the runners and sponsorship with great patience and tenacity!

**Monks Yard**

A special thank you to Monks Year in Somerset for their support over the year selling hearts and elephants, your generous support is highly appreciated.

**Match funding from Barclays**

We remain very grateful to Barclays Bank for their ongoing support and for match funding a number of our events and sending representatives to help. In total Barclays donated £3750.

**Goals for the year ahead**

- To increase the number of supporting schools to 60 in 2015 and 100 by 2020.
- To increase the School Ambassador network from 12 to 15 in 2015.
- To have 30 – 50 runners for the London 10K raising circa £15,000.
- To have our first team of 10 running the Royal Parks Foundation Half Marathon raising £10,000.
- To have our first team climbing Mount Kilimanjaro raising £3000
- To develop Corporate Sponsorship and grants to Charitable Trusts including Company sponsorship for a Lunchbowl Calendar to raise circa £2,500.
Sponsored parachute jump to raise circa £1000.

To exhibit at Big Church Day Out Christian Conference with the goal of expanding connections with circa 75 teachers in new schools and geographical areas and to connect and engage with potential new School Ambassadors. To recruit new runners for the Running Programme.

To consolidate and expand the Lunchbowl Team by developing twice annual regional team meetings. These will consolidate and support local Lunchbowl teams.

To secure a venue and begin preparations for 10 Year Anniversary Ball - May 2016

The Lunchbowl Network Kenya Trust

In June 2014 The Lunchbowl Network Kenya was launched as a Trust.

This will ensure stronger links and communication between the UK Lunchbowl Team, schools, donors and the communities that are impacted through their donations. This will be achieved by monthly child updates, photos and handwritten reports from the sponsored children. It will allow for visiting support teams to engage with the local community in Kibera.

New Kindergarten provision

In the next year the scope of The Lunchbowl Network will expand to provide more high quality kindergartens that will combine the teaching style of the British system with the content of the Kenyan syllabus. Dinner programmes will be facilitated through the kindergarten provision.

Live links to the kindergartens to supporting schools will be achieved through FaceTime and Skype

Information, stories and regular pictures and film clips will be available to resource School Ambassadors for assemblies.

Schedule of events for 2014 / 2015

- Paella Night Somerset Sept 2014
- Wild Woods Wimbledon Oct 2014
- Pamper Evening Dorset Oct 2014
- Quizmas New Malden Jan 2015
- London 10K July 2015
- Royal Parks Half Marathon Oct 2015
Lunchbowl Financial Management

There are simple and appropriate financial systems in place for the size of the charity. There is a segregation of responsibility such that all monies collected are either counted by the school office, donor or two trusted individuals from the Lunchbowl Team.

Present and future use of resource and team

The Lunchbowl Network operates completely on a voluntary basis and consequently 90.8 pence of every £1.00 raised reaches and impacts the orphaned and vulnerable children.

9.2 pence has been used to raise the next £1 which also includes governance and banking costs. No trustee or volunteer receives any financial remuneration or benefit from the charity.

Sally & Stuart McGreevy - Director Trustee
Gerry Howitt - Trustee
Wendy Clow - Trustee