TRUSTEES REPORT

SEPTEMBER 2016 - AUGUST 2017

The charity has had a good fundraising year. The funds raised have a direct impact on the lives of the most vulnerable particularly the very young and the extreme poor; those surviving on one meal or less a day and living within Kibera. The most imperative needs being their physical wellbeing in terms of their essential nutrition, emotional, social, spiritual and academic development.

This year £149,158 has been raised, last year £114,981 was raised therefore an increase of over £34,000. We are very thankful for all funds raised.

Our support base is school communities, church groups, grants, volunteer activities, private donations including sponsorship of our youngest children in the International Angel Kindergarten. This year the charity has been able to achieve the following:

- 350 Orphaned and Vulnerable Children are fed every Saturday through the Kibera Dinner Programme.

- 200 six to eighteen year olds are transported from Kibera every Sunday to an international school playing field to learn rugby skills and discipline, receive spiritual input and are given a healthy lunch.

- Early years provision at the International Angel Kindergarten providing a daily sanctuary, education and food for 185 of the most vulnerable children from Kibera.

- 22 staff members are employed, 19 of whom are from the local Kibera community including teachers, learning support assistants, general maintenance and community workers.

- A rescue / safe flat to accommodate and care for quadruplet babies and provide a safe haven for an abused staff member and emergency accommodation for desperate, emergency cases.

- An Extreme Need Fund has allowed for nourishing food packs to be given to 15 key families known to be experiencing a very high level of need. These food packs include maize flour, rice, vegetables, milk, lentils, porridge, oil, charcoal and soap. The families benefiting from the food packs are all connected to Angel Kindergarten. These food packs impact positively the nutrition of approximately 70 vulnerable or orphaned children who would otherwise be severely malnourished. This fund has also allowed for short term emergency rent payment for some families facing eviction and basic household equipment.
• Medical help has been given to ten cases connected to the kindergarten or the rugby programme including malaria, severe burns, cancer, ring worm and severe skin complaints.

• Emergency relief for young children in the aftermath of the Kuwinda slum fire. The charity provided mattresses, clothing, blankets and day trips for 80 homeless children to a local school for food and fun.

• 22 vulnerable young girls rescued and placed in boarding school provision.

• A group of 8 mothers have benefitted from making angel and spiderman keyring that have been sold in the UK

The financial donations have been achieved from the following:

• A dedicated volunteer team in the UK of 22 who generously give their time and energy to raise the profile and funds for The Lunchbowl Network.

• An increase in supporting schools from 48 to 52 schools / educational institutions

• Monthly giving and sponsorship totalling over £54,000, last year this was £43,000

• Donations from The Brothers Trust ‘Homecoming’ Screening totalling £16,000

• London 10 K event raising over £6,797

• Walk for Peace Match funding £5,000

• St Leonards PCC donations totalling over £4,000

• Other church donations totalling £3,000

• A donation from ANZ Bank totalling £2,200

• Royal Parks Foundation Half Marathon raising over £2,113.63

• A donation from Jesus College, Cambridge African Education Fund totalling £1837

• A donation from John Laing Charitable Trust £1,000

• A donation from KMCA for £1,000

• A donation from Harvey Wrights Architects for £250

• A donation from New Malden Rotary for £250

• A donation from Inner Wheel Rotary for £200
The Lunchbowl Network UK partners with The Lunchbowl Network Kenya Trust. This is a Kenyan registered Trust with experienced local Kenyan Trustees including two trustees from The Lunchbowl Network, UK. This provides transparent accounting and governance. The Kenyan Trust is being incorporated and registered with the Kenyan Government NGO Board.

The Kibera Dinner Programme:
350 orphaned and vulnerable children fed every Saturday.

The Saturday Kibera Dinner Programme continues to provide essential nutrition for children whose carers struggle to give them adequate food during the week. The weekly provision is for under ten year olds and is administered every Saturday by The Lunchbowl Network Kenya. A committee of six individuals living within Kibera organise the buying, preparation, cooking and serving of the food. The committee are respected and selected by the community. A team of volunteer teenagers also assist with the Saturday preparation of food, serving and cleaning of the facility.

On average, 350 children come each Saturday. Many children attend each week and are identified by wearing their purple Lunchbowl T-shirts. This number includes 100 children on average from The Angel kindergarten. On two occasions in the year, the children attending have benefitted from a ‘pop up’ clothing market where they get to choose an item of clothing to take home.

At Christmas the Saturday Dinner programme children celebrated with a special party including the story of the nativity, a special lunch of meat pilau, chapati and a soda. All the children enjoyed the entertainment from an acrobatic group. Every child received a small Christmas gift.

The children arrive by 9.30am and enjoy Bible lessons and singing presented by Teacher Faith who also works at the Angel Kindergarten. The Bible stories are followed by a nutritious meal of rice, chapati, greens or cabbage, beans or lentils, banana and a carton of milk. Once a month, meat is included in the meal.

The Saturday Kibera Dinner Programme is located in Lindi village in a rented church facility and compound. All the children walk to and from the facility unaccompanied or arrive with an older sibling.

Kibera Dinner Programme and Food Pack Sponsors
We would like to thank our sponsors who donate specifically to the Kibera Dinner Programme. These donations total £12,015 this last year.

Extreme Need Fund
Families in crisis situations who are connected to the kindergarten or rugby programme have their needs discussed and evaluated by the community committee and the charity directors. Provision is made when appropriate and necessary.
All the children attending the Kibera Dinner Programme are given a worming treatment every three months.

This year, ten cases needing urgent medical treatment from a medical facility were funded by the charity. All the cases were connected to the kindergarten, rugby or sponsored girls.

The provision of food packs is constantly reviewed and evaluated to ensure that the most needy families are helped. Each week, 15 families have received a food pack. These food packs include maize flour, rice, vegetables, milk, lentils, porridge, oil, charcoal and soap. Approximately 70 vulnerable or orphaned children who would otherwise be severely malnourished benefit from the communal food packs. This Extreme Need Fund has also allowed for short term emergency rent payment for some families facing eviction and basic household equipment.

The charity provided Emergency relief for young children in aftermath of Kuwinda slum fire. The charity provided mattresses, clothing, blankets and day trips for 80 homeless children to a local school for food and fun.

**Rescue / Safe Flat**
Following the birth of quadruplet baby girls to a mother whose son already attended Angel Kindergarten, a Rescue / Safe flat was rented to accommodate and care for the four babies and also provide a safe haven for an abused staff member and emergency accommodation for desperate cases. The mother received 24 / 7 help including food and clothing for the quadruplets.

Above: Mother from Kuwinda Slum receiving basic household items.
Right: One of the kindergarten children had a severe skin condition over his whole body, he was treated in a local hospital.

**We would like to thank our sponsors who donate specifically to the Extreme Need Fund. These donations total £1,200 this year.**
International Angel Kindergarten: Educating and feeding 185 vulnerable children

The mission of the International Angel Kindergartens is to feed the bodies and minds of the youngest and most vulnerable children and to give the children hope and a brighter future.

The children who attend are amongst some of the neediest in Kibera. Before a child is offered a place, their level of need is verified by a small team of Lunchbowl teachers in terms of their living conditions, the number of meals they receive at home and the incapacity of the parent to provide school fees. All of the children who attend are vulnerable, some acutely vulnerable and some of the children are total orphans living with grandparents or aunties.

Only the neediest children are offered a place, all would be considered to be ‘at risk’ due to their living conditions. The kindergarten consists of 2 baby classes of 3 year olds totalling 70 children who are divided between the morning and afternoon, a nursery class of 4 year olds, a pre unit class of 5 year olds and class one of 6 year olds.

Some children are older than their year group due to prolonged school absence due to lack of school fees prior to being offered a place at the Angel kindergarten. For many of the children that attend the kindergarten the morning porridge, break time fruit and lunchtime meal they receive is their only sustenance. All children are routinely given medication for tapeworm every three months.

Due to the prevalence of sexual, physical and emotional abuse within Kibera all children at the kindergarten are given class counselling by a professional counsellor about keeping safe, particularly during the holidays. The children are taught how to keep safe and what is appropriate and inappropriate behaviour of others.

The kindergarten employs 22 people, 19 of whom live in Kibera. This includes 5 qualified teachers. It was with great sadness that we lost Teacher Syprose to breast cancer, she who was one of our key community workers and teacher of Class One. The charity funded for the staff to attend the funeral near to the Ugandan border as well as some of the burial costs.

Children are provided with new uniforms at the start of the academic year, we have also needed to provide knickers and underpants as many come to the kindergarten without.

School shoes are donated by school children in the UK. The Gomes family who are valued members of the Lunchbowl Team brought 22 suitcases of kindergarten equipment, underwear and shoes in July 2017. Alan Gomes also constructed a playhouse / store room and all materials were donated by a local Kenyan company Stonehenge Ltd and Rabobank Nairobi.

The Lunchbowl Network has funded end of term school trips for all of the children at the kindergarten. These have included a visit to Mamba village to see the crocodiles and transport to an international kindergarten to swim and play and have meat pilau.
Support from International Schools in Nairobi:

The Banda School Nairobi has continued to develop their support and has transported the Angel kindergarten nursery and baby classes six times to their school premise to enjoy sports, music and construction activities. The Banda School also donated over 100 Christmas shoe boxes to children who attend the Kibera Dinner Programme. The Banda and Hillcrest International Schools have visited Angel Kindergarten for shared reading and art and craft activities. This has been part of their PSHE curriculum.

Australian Music School Partnership

The International Angel Kindergarten has been supported by The Australian Music School. Every week, a music tutor attends the kindergarten and each child has 20 to 40 minutes in a small group learning simple percussion and songs to help their understanding of English. The older children have access to keyboards.

The music tutors have been trained by the Australian team who self fund annual visits to Kenya. All music resources and salaries for the music tutors are paid for by the Australian Music School.

We are very thankful to our 50 sponsors who together sponsor 64 kindergarten children, providing an income for the kindergarten education of £15975.
Teacher Syprose with her son Brighton.

Class One swimming trip.

22 bags of Kindergarten equipment.
Vulnerable Girls Rescue Programme
22 Girls sponsored

The Lunchbowl Network funds a total of 22 girls. All of the girls are in boarding schools within Nairobi or further ‘up country’. Some girls travel up to six hours to school. Monthly donors give on average £50 a month totalling £14,000 pa.

The Rescue Programme provides an escape from Kibera for vulnerable teenage girls and offers them hope to change their future by providing a better education at safe boarding schools.

The process of school allocation is administered Nationally by the Department of Education according to the child’s examination results after sitting the National exams every November. Students who do not score well are allocated local private schools chosen by The Lunchbowl Network Kenya.

All of the sponsored girls are met by the director of the charity three times a year when they return to Kibera during their holidays. This ensures that all aspects of their development and wellbeing are monitored. At Christmas all of the girls received a special present.

Any concerns raised by the girls are given full attention and appropriate action is taken regarding their placement. During these holiday visits back into Kibera, the sponsored girls receive Christmas gifts, they all write cards, send recorded messages or written updates for their sponsors.

Monthly monitoring of regular sponsorship donations are maintained by Sue Stears.

Kings Rugby Development Academy
200 children escape Kibera, learn mini tag rugby skills and are fed every Sunday

The Lunchbowl Network has facilitated the transport for the children every Sunday from Kibera to Hillcrest International School playing fields and the provision of a hot dinner at the end of the training session. The charity funds three ladies from Kibera to wash all of the rugby kits every Monday. The children play in rugby kits donated by Old Ruts Rugby Club in Wimbledon and a Church of England Youth chaplain joins each of the training groups to give spiritual direction and nurturing to the children. Old Ruts Rugby provided Kit bags and Christmas gifts for every child attending the rugby programme.
**Visits from the UK Lunchbowl Network team**

Visits from the UK team members are always a welcome support. This year in May 2017, Trustee Wendy Clow and her daughter visited Kibera and the kindergarten and associated programmes.

Alan and Heidi Gomes, who are key supporters and fundraisers for The Lunchbowl Network and their four daughters also visited in July 2017 and brought 22 bags of kindergarten supplies courtesy of British Airways.

All visits from The Lunchbowl Network team are fully self funded.

**Small beadwork project**

This has provided income for 8 mothers whose children attend the kindergarten. Between September and December, the women came daily to the kindergarten to make beaded angels which were sold in the UK to raise funds over the Christmas period. They also made spiderman keyrings from May to July to be sold for supporting merchandise of the film Homecoming with Tom Holland.

**Buy an Angel for the Angel Kindergarten**

The profit from each keyring will buy breakfast, lunch and fruit for four children for one day at the Angel kindergarten.

**Have a Heart for Kibera**

This continues to be a very popular school fundraiser particularly near Valentines Day. Each heart is sold for £1 which provides the funding for 3 hot dinners on a Saturday.

**Remember Kibera**

Every elephant sold also funds three hot dinners. This fundraiser has high appeal across the ages.
Combined sales of elephant keyring, soapstone hearts, and spiderman keyring totalled £9,911.50

Schools’ Work
The majority of supporting schools sell all or a combination of hearts, elephants, angels or friendship bracelets at different times in the school calendar. New innovations include Millfield School raising funds through their annual school production.

School Ambassadors
There has been a growth in the number of supporting schools from 48 schools in the previous year to 52 schools this year. This growth has been achieved by the dedication, creativity, compassion and communication skills of the School Ambassadors. They have established long term partnerships with many schools. This communication link between the schools and the charity has been appreciated and welcomed by many schools who have supported the work for over 10 years.

Together the School Ambassadors provide a unique school-charity relationship which is vital in sustaining support and engagement from schools.

Supporting the work of School Ambassadors in the UK
Information, stories and regular pictures and film clips via whatsapp have been available to resource the Lunchbowl team and in particular School Ambassadors for assemblies. Stronger links and communication has been established between the UK Lunchbowl Team and The Lunchbowl Network Kenya Trust which has impacted the interest and giving potential of schools and individuals.
Thank you to the following school communities and head teachers for the generous support given this year:

**Merton**
- Cranmer
- Dundonald
- The Garden Room
- Hollymount
- Joseph Hood
- Liberty
- Oak Tree Nursery
- Poplar
- Merton Primary
- St Mark’s Mont.
- St Mark’s Primary
- St Marys Primary
- The Priory C E
- Ursuline High School
- Ursuline Prep
- Wimbledon Chase
- Willington

- Beavers 19th Wimbledon

**New Malden/ Kingston**
- Coombe Hill Juniors
- Tiffin Boys

**Ealing**
- Christ The Saviour

**Putney**
- Busy Bees Nursery
- Merlin School

**Wandsworth**
- AllSaints Primary
- All Saints playgroup
- Beatrix Potter
- Dolphin School
- Fulham Palace

**Surrey**
- Claremont Prep School
- Luckley House School
- Rosebery School
- St Mary’s C of E, Godalming
- St Marys Coombe
- St Peters C of E Oxted
- St Peters Tandridge
- The Weald C of E School

**Chesham**
- Marylands Pre school
- Chesham Bois Amersham
- Chalfont Community College

**Somerset**
- Crossways Junior School
- Elmea Infants
- Hanford
- Hullavington School
- Sir William Romney
- Southville Nursery
- St Mary’s, Tetbury
- Millfield

**Dorset**
- Barn Nursery
- Scholing Infant School

**Worcestershire**
- Sedgeberrow First

**Rutland**
- Uppingham School
Supporting Schools

Total raised from Schools: £ 19,965. Last year £20,603. Donations ranged from £82 to over £2,400

School Ambassadors and Volunteer Team meetings
These have been established this year to develop and consolidate the School Ambassador and Volunteer network. Carolyn Green has kindly offered to host Lunchbowl Team meetings. These have been a great way to inspire and encourage one another as well as share ideas and information. These have been very well attended with team members coming from the South Coast and Somerset. A live link to Nairobi has enabled clear up to date communication during these meetings.

School Ambassador and Volunteer Network
The dedicated core of the Lunchbowl team consists of Alice Hutton, Anna Kate Fuller, Camilla Wright, Carolyn Green, Fran Turko, Heather Churchouse, Heidi Gomes, Heike Paulson, Helen Masters, Jean Shipton, Jenny Stuart, Katrin Sterland, Liz Tozer, Mandy Cormack, Nicole Dyson, Sarah Barron, Sarah Geake, Selina Overy and Sue Stears.

Special thank you to Trustees Gerry Howitt and Wendy Clow.

The compassionate support and dedication of the whole Lunchbowl Team is highly valued. Each member has made a significant selfless impact in the fundraising potential of the charity. Their compassionate concern and weekly interest from the team via whatapp is a source of much encouragement and support to the trustees of The Lunchbowl Network Kenya. Together the team in Kenya and the UK are helping to bring hope and change to a desperate situation. The whole team is greatly appreciated.

Grants
A special thank you to Mandy Cormack for her time, tenacity and determination in making grant applications on behalf of the charity.
This year the following grants and donations have been facilitated by Mandy.

October 2016 Harvey Wright Architects £250
October 2016 ANZ Bank £2,194
December 2016 John Laing charitable Trust £1,000
March 2017 Jesus College Cambridge Sub Saharan African Fund for Education £1,837
Ongoing grant in 2017 from Sevenhills Wholefood Ltd for £4,868

chariTABLE APP
Thank you to everyone who has been using the chariTABLE app for booking restaurants. £1 has been donated to The Lunchbowl Network for every dinner.
Social Media

Twitter and Facebook interest continues to grow steadily.

We are extremely grateful to Liz Tozer for managing our social media and keeping everyone, everywhere frequently updated.

We are very thankful as well to Gerry Howitt for maintaining the charity website and keeping the website relevant and updated.

Income Generating Activities

October 2016

Royal Parks Foundation Half Marathon
5 runners represented Lunchbowl and raised over £2000

December 2016

New Malden Station Christmas carols and cakes and Tree Festival Thank you to the New Malden team for your musical entertainment. The New Malden team is outstanding in their commitment and compassion and we are very grateful for all their time, energy and resources that they give to the charity with such wholeheartedness.
February 2017

**Dogs without Collars** Come back gig in Amersham raised £4000. A special thank you to Laurie and Wendy Clow for their committed support personally and from their congregation, St Leonards C of E, Chesham.

March 2017

**Christchurch Quiz, New Malden**
Raising £811.00. We are very grateful to Christchurch New Malden for their kindness and generosity in supporting the charity.

May 2017

**Charity Walk for Peace** £2,000 match funding. A special thank you to Heidi and Alan Gomes for their wholehearted support, tenacity and creativity in raising funds for The Lunchbowl Network

July 2017

**British 10K run** raised £6,797. A very special thank you to Heike Paulson for her committed and tireless energy recruiting and encouraging runners.
The Big Yellow Storage Company
We are always very grateful to The Big Yellow Storage Company for making it possible to store much of our event equipment, thank you very much, your support makes a big difference.

Also to Suttles Stationary in New Malden for their enthusiastic support of the charity and for selling angel keyring, elephants and hearts on behalf of the charity.

Goals for the Year ahead

- To continue to develop the Kindergarten sponsorship programme from 64 children to 100 children being sponsored
- To establish a second International Angel Kindergarten on the outskirts of Kibera raising Kindergarten provision to 400 young children.
- To increase the number of supporting schools to 60 in the next year.

Lunchbowl Financial Management

There are effective and appropriate financial systems in place. There is a segregation of responsibility such that all monies collected are either counted by the school office, donor or two designated individuals from the Lunchbowl Team.

All donations are deposited into the bank by named regional team members. All receipts, bank statements and gift aid forms are maintained by Gerry Howitt, Trustee. All documentation is kept in compliance with data protection regulations. Monthly book keeping reconciliations of all monies debited and credit to the bank account are maintained on a monthly basis by Sue Stears. Monthly book keeping is also processed and checked by our accountants Acuity Professional.

To the team who give their service voluntarily we are very grateful.

- Alice Hutton
- Gerry Howitt
- Sue Stears

Present and future use of resource and team

The Lunchbowl Network UK operates completely on a voluntary basis and consequently 97.5 p of every £1 raised reaches and impacts the orphaned and vulnerable children. 2.5 pence has been used to raise the next £1.
Reserves policy
We currently have a no reserves policy. We focus on deploying funds as received for the uplifting of the poorest children.

No trustee or volunteer receives any financial remuneration or benefit from the charity.

Signed……………………………… Date…………………………
Sally McGreevy Director Trustee

Signed……………………………… Date…………………………
Stuart McGreevy Director Trustee