



TRUSTEES REPORT SEPTEMBER 2021 - AUGUST 2022

This year the charity raised £240,851, this was an increase of £26,000 from the previous year.

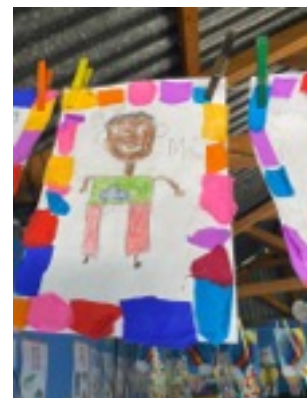
The charity is very grateful for the generosity and kindness of many individual donors, churches, schools and Trusts. This dedicated giving continues to provide daily vital help, bringing life and hope to those who are most in need.

The aim of The Lunchbowl Network is always to seek and identify those in severe need, who live within the Kibera and Kwarangare, Nairobi. Kibera is the largest slum in sub Saharan Africa with an estimated population of 1-1.5m people living in a densely populated and harsh environment.

The charity responds to these profound disadvantages by providing a series of actions; daily wholesome nutrition combined with a stimulating education to a high standard in a safe learning environment.

Educational Impact:

We provide a creative, quality education daily to 488 highly vulnerable children. Within the schools we aim to meet the children's emotional, social and spiritual needs and aim to deliver the Kenyan syllabus in an interesting and creative manner.



It is in stark contrast to what would otherwise be available to any child from Kibera. The provision includes two Early Years Kindergartens, one is situated adjacent (100m) to Kibera. The other Kindergarten, Primary school, Special Educational Needs facility (which includes a unit for the deaf) is located in Karen. The children are transported daily to Karen from Kibera.

All the schools follow the new CBC Kenyan curriculum and the teachers are selected from some of the most reputable schools in Nairobi. Educational equipment is sourced from the UK.



Our aim is to counteract their disadvantaged start in life and give them an opportunity to compete for secondary school places by developing literate and numerate children who will eventually be able to compete nationally for university places or vocational training. We believe that schools are a foundational platform for providing pathways out of extreme poverty.

Our children are aged between 2 - 14 years. All have experienced either the death of one or both parents, serious illness of a parent, or are challenged with Special Educational Needs. Prior to being admitted into one of our schools, many children would be surviving on one bowl of porridge or less per day and will be in extreme need.



- Five out of sixteen classrooms have smart boards which has transformed the learning potential of the classes.
- New astroturf was provided for one of the kindergartens by The Brothers Trust and a sunshade was funded by the Sterry Family Foundation. The grass and shade have transformed the outdoor play environment for the younger children and those with special needs allowing them space to run and roll in a clean and inviting place.



- The charity employs 43 Kenyans; a 31 teaching team and 12 support staff. These include specialist teachers for Sports, Art, English, Maths, Science, Kiswahili, Social Studies, Special Educational Needs and Hearing Impairment.



- Sexual abuse and drug counselling for all children was provided late October and before the long Christmas holiday. Safeguarding training is provided annually for every member of staff.
- At Christmas, every kindergarten child received a toy.
- Over 40 children from the St Nicholas Children Home, which is on the same site as the Good Samaritan Primary School, attended the School. All of the children from the home were referred from Social Services due to their vulnerability.

- Every Thursday Artists for Africa, an American funded charity, spent the afternoon with each class in the Primary school. The children experienced ballet, African contemporary dance, drama and music.

Integrated provision for children challenged with Special Educational Needs SEN



In the last year the children in the SEN class have increased from 6 to 19 children.

A critical need was identified relating to children with Special Educational Needs (SEN), including those with profound hearing loss. Children with SEN and their caregivers constitute one of the most disadvantaged and isolated groups within the informal settlements. Many of the children with mobility and learning challenges were found locked alone or hidden away in their huts, all without any stimulation or the means to communicate.



The quality of education and integrated learning for the children with hearing impairment and Special Educational Needs is unique within Kenya in terms of quality provided and inclusion. All of the children from Kibera with SEN have been marginalised with no alternative educational provision.

- 5 mothers who have children with Special Educational needs are employed as assistants in the SEN class. The work provides the mothers with dignity and financial independence.
- The work gives these mothers the opportunity to work alongside other mothers facing similar challenges and counteracts their social isolation and their children's isolation.
- Every week the children from the SEN class enjoy swimming at a local pool accompanied by their mothers, teaching team and a physiotherapist. In addition a small group of children attend Riding for the Disabled every week to enhance their core strength and mobility.
- Every day the children have access to 1:1 physiotherapy.



Integrated provision for Hearing Impaired Children

This year, the unit for hearing impaired increased to 15 children.



- All the children have been issued with post aural hearing aids and been tested to assess the degree and type of hearing loss. The cost of the hearing aids was covered by individual donors. None of the children had received a formal assessment prior to joining the unit. Every month the children attend an audiology clinic to maintain the function of their hearing aids.
- Every term the children from the unit benefit from a school trip. This year this has included a visit to watch Minions at the cinema and a visit to the Elephant orphanage. Both experiences were new to the children.
- The unit operates an integrated system with hearing peers for dance, PE and art. Every week the children from the unit also visit a local International school to join in with their afternoon curriculum.
- Both teachers in the unit are qualified to teach using Kenyan Sign Language.
- Every Saturday a Sign Language Support Group for parents of the deaf and children meets in one of the homes within Kibera. The purpose is to learn Kenyan Sign Language so that families can communicate together. In addition the group provides social support for mothers struggling to raise a deaf child. Up to 10 mothers and carers attend each week.



- The Hearing Impaired children have benefitted from weekly Speech and Language Therapy sessions funded by The Brothers Trust.



In total, 488 children have been given a good quality education for children aged between two and fourteen years between. This is as follows:

- 242 Kindergarten children
- 246 Primary children
- 15 Hearing Impaired - Profoundly Deaf children
- 19 Children with SEN

Nutritional impact:

Since 2006, a Saturday Dinner programme has operated with our local team feeding up to 450 under 10 year olds. This fills an essential need to tackle hunger and malnutrition in the very young.

According to the Kenya National Bureau of Statistics, Kenya Demographic and Health Survey 2022 - Many children under 5 years old are stunted or too short for their age. This is a sign of chronic undernutrition. Many children under age 5 are wasted (too thin for their height), which is a sign of acute undernutrition. Many children are also underweight, or too thin for their age.



The pandemic closed the Saturday Dinner Programme for over one year. Once restriction eased the Saturday Dinner Programme reopened as a Saturday Take-away Programme in August 2021. Children began queuing at 8.00 a.m for the doors opening at 11.00 a.m. Children came with their own containers which were then filled with a hot lunch for them to eat at home as restrictions did not allow for them to gather and eat in the hall. A community team of 10 men and women cooked and served the food every Saturday.

This year, 42 families connected to the Lunchbowl Schools received crisis home food packs every month. These families were in acute need. Every food pack lasted for two weeks and provided one meal each day for each family member. These families had up to 8 members.

A food pack consists of maize flour, rice, sugar and oil. The families benefitting from the food packs were all connected to the Angel Kindergartens and the Good Samaritan Primary School. They were selected due to severity of need.

Totals of Food Provision :

Food pack meals this year: 122,640

Saturday Dinner Programme hot dinners: 17,500

School breakfasts this year: 140,544

School lunches this year: 140,544

Total number of meals provided per year: 421,228

Total per month: 35,102

Total per week: 8,775

Total per day: 1,253

Extreme Need Provision:

On average three fires per month this year caused severe distress to families, losing both home and house contents. This year two main fires left 368 families homeless.



- Lunchbowl provided 31 crisis rent payments and basic household necessities to our families facing eviction or rehoming due to flood or fire destruction.

The Lunchbowl Network and The Lunchbowl Network Ltd

The Lunchbowl Network Ltd UK partners with The Lunchbowl Network Kenya Ltd. This is a Kenyan registered charitable company. The Lunchbowl Network Kenya is incorporated and a registered Trust.

The financial donations have been achieved from the following:

UK VOLUNTEER TEAM

Based in the UK, the team give their time and energy to raise the profile and funds for The Lunchbowl Network.

UK SCHOOLS



World Wellbeing Week June 2022 - The Year of the Generous Giraffe

In June 2022, many schools joined again for the Lunchbowl campaign during World Wellbeing Week called “The Year of the Generous Giraffe”. This promotes to UK children how giving is an essential part of their own wellbeing. UK school children had the opportunity to buy a soapstone giraffe made in Kenya for £2.00.

In total, 18 schools have supported the charity this year. The donations ranged between £180 and £2,000.

Total donations: This year £10,629 was raised through schools. Last year £19,000 was raised through schools.

UK School Ambassadors: Thank you Selina Overy, Carolyn Green, Pauline Collins, Wendy Clow, Nicole Dyson, Jean Shipton, Heidi Gomes and Anna Kate Fuller for your wholehearted willingness, commitment and skills to tell the Lunchbowl story to school children.

Thank you to the following school communities and head teachers for the generous support given this year:

All Saints C of E Merton
 Chesham Bois Primary
 Christ Church New Malden
 Coombe Hill New Malden
 Dundonald Primary
 Elmea Infants and Juniors
 Elswick Nursery
 Farlington School
 Fernhill School
 Furzedown Primary
 Handford School

Merton Park Primary
 Poplar Primary
 Sherston Primary
 St Boniface C of E
 St Marys Tetbury C of E
 St Peters School
 Swaffield Primary

CHURCHES

We are delighted to be Mission Partners with the following churches who have remained highly supportive: PCC All Saints Hampreston, PCC St Leonards Church of England, Amersham, St Pauls Church of England, Kingston.

Thank you to every church for your kind support.

Total donations: £8,730.

TRUSTS

Bryan Guinness Trust: £ 6,000

Eleanor Rathbone CT: £ 2,000

Grace Trust: £ 1,000

Hugh Symons CT: £ 2,500

Pat Newman Memorial Trust: £ 1,600

Peter Stebbing Charity: £ 4,800

Souter Charitable Trust: £4,000

Sterry Family Foundation: £ 3,000

The Tula Trust: £ 2,000

Total donations: £26,900.

We are deeply grateful to Mandy Cormack for her dedicated time and energy applying to Trusts and Foundations on behalf of The Lunchbowl Network.

THE BROTHERS TRUST



A very special thank you to The Brothers Trust for their kindness and commitment. This included covering the salary costs of 20 teachers and 15 Learning Support Assistants between between September 2021 and December 2021.

In addition, the Brothers Trust funded:

Astroturf at the Good Samaritan; Saturday Parent Sign Language classes, school trips for the hearing Impaired children to the cinema, Pallet Cafe and to the Elephant Orphanage; salary of a Speech and Language therapist and two teachers of the deaf. The Brothers Trust has funded 4 interractional smart boards too.

Total donated: £59,588

EVENTS

Thank you:

- Wendy Clow for running the Cotswolds Ultra challenge and raising £ 1,803
- Heike Paulson for running the Royal London Parks and raising £ 546



LARGE DONATIONS

10 private donations ranging between £960 to £28,000 were received. We are very grateful for every donation and respect the discreet manner in which these have been given.

CHILD SPONSORSHIP

126 children were sponsored in the two Lunchbowl schools by 87 sponsors. A total income of £33,960 was given. £1,680 of the income was given to buy Christmas presents. 12 children left the programme due to their families moving away from Nairobi.

2 new sponsors have joined The Lunchbowl Network this year to support children in the Angel Kindergartens and ACK Good Samaritan Primary school. 2 sponsors withdrew their support.

MONTHLY DONORS

14 donors have given specifically for the provision of food. Total: £2,844.

9 donors have given specifically for general expenses for Angel Kindergarten and ACK Good Samaritan. Total: £7,208.

16 donors have given to General funds. Total: £4,507.

1 donors have given to the Extreme Need Fund has provided. Total: £252.

PAYPAL DONORS

10 donors gave to General funds: £1,811.

3 donors gave to the Saturday Food Programme: £804.

We are so grateful to all our monthly donors and child sponsors whether you are individuals, schools or churches. Your commitment to these vulnerable children is a vital part of our provision and very much appreciated.

A Very Special Thanks:

Our Volunteer Network: The dedicated core of the Lunchbowl team consists of Anna Kate Fuller, Jess Shadrach, Ellie Gomes, Camilla Wright, April McDevitt, Carolyn Green, Fran Turko, Heidi Gomes, Heike Paulson, Helen Masters, Jean Shipton, Jenny Stuart, Mandy Cormack, Hannah McGreevy, Jess Bridgland, Nicole Dyson, Pauline Collins, Selina Overy, Sue Stears and Wendy Clow.

The compassionate support and dedication of the whole Lunchbowl Team is highly valued. Each member has made a significant selfless impact in the fundraising potential of the charity. Their compassionate concern and weekly interest from the team via WhatsApp is a source of much encouragement and support to the trustees of The Lunchbowl Network Kenya. Together, the team in Kenya and the UK are helping to bring hope and change to a desperate situation. The whole team is greatly appreciated.

All of your wholehearted generosity of heart, time, energy and resources is deeply appreciated.

A very special thank you to Jenny Stuart for updating the website and to Jess Shadrack and Ellie Gomes for creating online posters and developing our social media.

Sue Stears: The charity would like to express much gratitude to Sue Stears for her commitment, time and energy and not least her administrative and book keeping skills. Sue Stears tirelessly and thoughtfully administrates all of the sponsorship programme for the kindergarten, primary and secondary school pupils. Her financial expertise is highly valued and appreciated.

Finally, thank you to:

The Big Yellow Storage Company: We are always very grateful to The Big Yellow Storage Company for making it possible to store much of our event equipment and school resources for Kenya, including school shoes. Thank you very much, your support makes a big difference.

British Airways: For always giving generous baggage allowances to transport donations and educational equipment.

Lunchbowl Financial Management

There are effective and appropriate financial and accounting systems in place. There is a segregation of responsibility such that all monies collected are counted by two designated individuals from the Lunchbowl Team.

All donations are deposited into the bank by named regional team members. All gift aid forms are maintained by Mandy Cormack. All documentation is kept in compliance with data protection regulations. Monthly book keeping, receipts, bank statements and reconciliations of all monies debited and credited to the bank account are maintained on a monthly basis by Sue Stears. Monthly book keeping is also processed and checked by our accountants.

Present and future use of resource and team

The Lunchbowl Network UK operates completely on a voluntary basis and consequently over 98.9 pence of every £1 raised reaches and impacts the orphaned and vulnerable children.

Reserves policy

We currently have a no reserves policy. We focus on deploying funds as received for the uplifting of the poorest children.

No trustee or volunteer receives any financial remuneration or benefit from the charity. All visitors to Lunchbowl Network Kenya are self-funded.